
Insurance
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REPORTER

FLHSMV
Turn to page 26



Happy Mothers Day!
May 12

**ATTENTION!!!
SPECIALS ELECTIONS FOR
RECORDING SECRETARY
MAY 3**

**SEE
PAGE
20 FOR
DETAILS**



REMEMBER & HONOR

**MEMORIAL
- DAY -**

May 27



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REMINDER

DELEGATE MEETING

Friday 5/3/24
9:30AM in the Theater

Email articles & comments:
ucoreporterwpb@gmail.com



The President's Report

BY FAUSTO FABBRO

Volunteers Wanted

We are well underway in our new administration. We have elected a new Vice President to fill my unexpired term. Most of our committee chairs have been filled. Some still need a chairperson. Contact me if you are interested.

UCO is a volunteer organization which means we have unit owners that give some of their time to help manage the affairs of Century Village. What does it mean to be a volunteer? A person who does something, especially helping other people, willingly and without being forced or paid to do it. Volunteers are frequently managed in the same way as paid, and they are recruited and trained for specific roles.

What skills do volunteers need?

Effective Communication, Adaptability and Flexibility; Problem Solving, Teamwork and Collaboration.

Are organizational skills and continuous learning as a volunteer, the same as a job? Yes! You will be working, perhaps as hard, if not harder than employees, but you are not compensated for it.

Board members, committee chairs and committee members are volunteers. Each must contribute to the best of their ability to be a successful volunteer.

Many people join committees, not to help, but have personal agendas. This is not helpful for either party. My personal agenda is to serve and help the residents of Century Village -- no other agenda.

I'm hopeful that the new educational programs, the Vice Presidents and myself are putting in place will be helpful to all.

HAPPY MOTHER'S DAY.

UCO OFFICE HOURS: 9-12 PM MON.-THURS.; FRI. 12-3 PM

BARCODES: 9-11:30 AM MON.-THURS.; FRI. 12-2:30 PM

UCO REPORTER: 9-12 PM MON.- THURS.; FRI. BY APPOINTMENT

NO SWIMMING AFTER DUSK
CAMDEN, DORCHESTER, KENT, SO. HAMPTON, SOMERSET
NON-COMPLIANCE WILL RESULT IN A 30 DAY SUSPENSION OF RECREATION PRIVILEGES
MAIN CLUBHOUSE GUEST/INDOOR POOL HOURS: UNTIL 10:00 PM
HASTINGS CLUBHOUSE POOL HOURS: UNTIL 9:00 PM

WPRF, Inc.

Music is offered at the guest pool
 Tuesdays & Thursdays
 1:00-4:00 pm

If the music is not to your liking please use another pool on those dates/times.

WPRF, Inc.

U.C.O. REPORTER
The Official Newspaper of Century Village

UCO Office, 2102 West Drive
 West Palm Beach, FL 33417
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 Send email & photos to:
 ucoreporterwpb@gmail.com
 Office hours: 9 a.m. to noon, Mon.-Thurs.
 Fri: 12 - 3p.m.

Your Volunteer Staff, UCO Reporter
 Editor-in-Chief.....Ruth Dreiss
 Staff Writers.....Ruth Dreiss,
 Stew Richland, Lenore Velcroff, Bobbi Levin
 Sports.....Irwin J. Cohen
 Production.....OPS
 Circulation.....Glow, Inc.



The UCO Reporter

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 UCO Reporter Staff

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UCO OFFICERS

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Treasurer JoAnne Robinson
Vice Presidents
 Patricia Caputo Domenic Guarnagia
 Stew Richland Gerry Sutofsky
Corresponding Secretary
 David Boas

EXECUTIVE BOARD

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Kate Benoit	Jackie Karlan
Michael Bunk	Bobbi Levin
Dennis Burrows	Joyce Reiss
Maureen Debigare	Flora Simpson
Ruth Dreiss	Jeffrey Skene
David Forness	Gloria Tart
George Franklin	Michael Zaslow
Richard Handelsman	

EDITORIAL POLICY

The UCO Reporter promises to continue its long held beliefs that this publication will print articles to inform our residents of the important issues concerning our Village. We promise to seek the truth and to print both sides of an issue, to open dialogue to inform our readers, not to create controversy.

We promise to listen to your concerns and to treat all our residents with courtesy and respect. Your opinion is valuable to us and will be considered in our decision for publication. These are the criteria for publication:

LETTERS TO THE EDITOR: Letters to the Editor should be limited to 250 words, and must be e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to publication. Your opinions are important to us, but please refrain from gossip, innuendo, nasty or inflammatory remarks. Letters deemed to be inappropriate, inflammatory or libelous will be returned by the Staff for revision or removal. All letters must include the name, address and phone number of the author. No letters from UCO Reporter staff will be published. They may however have the opportunity to submit an opinion article also limited to 250 words.

ARTICLES: Articles for inclusion should be limited to 500 words, e-mailed (ucoreporterwpb@gmail.com) to the Reporter by the 7th of the month prior to the month of publication. All articles will be limited to one per writer. The topic of your article is of your choosing, but the Staff has the discretion to edit it with your approval or reject it based on the above stipulations. All articles must include the name, address and phone number of the author.

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EDITORIAL

First, I apologize for publishing the incorrect date for the Newcomers Meeting in the April issue of the paper. Originally it was to be on April 4th and changed to April 9th. I didn't learn of this in time to make the change. I am very sorry if this caused any inconvenience. It was a very successful meeting. About 65 to 75 residents turned out, listened to the people on the dais and asked questions afterward. It was a well spent hour and a half. It is hoped that those who attended came away with answers to their concerns and will contact their quadrant VPs when they require more answers. These officers are there to help you.

I attended the first UCO Finance Committee meeting of the new administration as a guest. I would like to share with the delegates and alternate delegates that, in my opinion, they chose a true winner when they elected JoAnne Robinson as treasurer for the next two-year term. She chaired the meeting very professionally and introduced the proposed members of the new committee who were approved by the Officers, as required for Finance Committee members, in accordance with UCO Bylaws. At this time, JoAnne is working on plans to invest your money to its best advantage.

Congratulations to Gerry Sutofsky. He was approved by the delegates to serve as a VP for the coming year. He fills the seat vacated by Fausto Fabbro when he was elected UCO President.

The first Coffee with the President meeting got off to an excellent start on the second Friday of April. All items on the president's agenda were covered and questions answered. Beginning in May, there will be two meetings per month. The second Friday will be for presidents in the UCO Conference Room and the third will be open to everyone in the Clubhouse Room C.

Enjoy Mother's Day and remember our servicemen on Memorial Day.

*by Ruth Dreiss,
 Editor-in-chief
 UCO Reporter*

MAY 2024

UCO Committee Meetings

WED., MAY 1	PROGRAM & SERVICES	1:00 PM	ON HIATUS
FRI., MAY 3	DELEGATE ASSEMBLY	9:30 AM	MCH AUDITORIUM
FRI., MAY 3	SECURITY	1:00 PM	CONF RM
TUE., MAY 7	TRANSPORTATION	12:00 NOON	CONF RM
WED., MAY 8	BROADBAND	1:00 PM	ON HIATUS
THU., MAY 9	COP	9:30 AM	MCH RM TBD
FRI., MAY 10	CERT	1:00 PM	MCH RM TBD
TUE., MAY 14	ADVISORY	1:00 PM	ON HIATUS
WED., MAY 15	BEAUTIFICATION	1:00 PM	ON HIATUS
THU., MAY 16	BIDS/INFRASTRUCTURE	12:00 NOON	CONF RM
TUE., MAY 21	INSURANCE	12:00 NOON	CONF RM
WED., MAY 22	FINANCE	1:00 PM	CONF RM
THU., MAY 23	OFFICERS	12:00 NOON	CONF RM
TUE., MAY 28	OPERATIONS	1:00 PM	MCH MTG RM C
FRI., MAY 31	EXECUTIVE BOARD	10:00 AM	MCH MTG RM C

Committee Meetings are Subject to change. Check with Committee Chair for updates/cancellations

Committee Members and Officers preferred. Limited seating available.

Masks for attendees requested

UCO OFFICERS' REPORTS



Stew Richland

vicepresident1@unitedcivic.org

Andover • Bedford • Golf's Edge
Greenbrier • Kingswood • Oxford
Southampton • Dover

The seasons change, but the same problems still continue. Virtually every day your UCO officers are asked to deal with issues that are association based and not within the realm of UCO responsibilities. We listen to their concerns and try to find a satisfactory solution. In most cases, we tell these unit owners or board members to discuss the problem with their Board or property manager. This strategy, in most cases, seems to be working.

Let me offer some basic guidelines that could help Boards get the most out of their Association meetings. Every meeting must have an agenda. A good agenda spells out who should be in attendance and what each member's responsibilities are.

Set a time limit for the meeting. If necessary, you can schedule a follow-up meeting to cope with all the items on the agenda that were not addressed. Meetings should not be dominated by one or two members. The President should foster an all inclusive environment. Meeting should include a question and answer time. This gives all attendees an opportunity to share their thoughts and ideas with their board. Stick to the agenda. It seems that at some association meetings, a resident may have a pet project or peeve and wants to steer the meeting off topic. The chairman of the meeting should always be alert to this and diplomatically intervene and firmly remind members of the agenda. Board members should display empathy to the needs and concerns of their unit owners. You can ask members about their family, make positive gestures, smile, act in a kind and civil manner. All these techniques can turn a potential unproductive meeting into one that will move the Association in the right direction.

Your new UCO administration is reviving the New Unit Owners meetings which had been placed on a temporary hiatus due to the Covid outbreak. The time and place will be posted on the UCO website and in the UCO newspaper. I urge all unit owners to attend this forum.



Dom Guarnagia

vicepresident2@unitedcivic.org

Cambridge • Canterbury
Chatham • Dorchester
Kent • Northampton • Sussex

This message is for all owners of property here in Century Village planning on returning to their other residence. Please read the "The UCO Reporter" and pay special attention if there is anything published regarding insurance on your property here. This requires significant action, if you have damage of any kind and you do not have insurance. You will be responsible for all repairs that might occur. As you are aware, failure to take action regarding the inspection and "logging in" of the person you hire to check

your property, said person or persons have the responsibility which is very important.

Provide keys to said person watching your condo in your absence and have them examine the following:

1. The 30 gallon electric water heater.
2. The refrigerator.
3. The placing and operable fans that circulate existing air.
4. The electric wire panel.
5. The security of the entry/exit doors.
6. Gathering and forwarding U.S. Mail.
7. Animal traps (if in use).
8. Enclosed rear porch.
9. Screening and door at rear entry.
10. Bathroom and lavatory for sealed matter to prevent entry by bugs.
11. Water leaks from above ceiling to prevent mold.

All of this can be accomplished by a friendly neighbor or paid individual. This list covers most appliances and can be accomplished, scheduled on a 9-day inspection that will greatly reduce damage to your "second home" during the term of time mentioned.



Patricia Caputo

vicepresident4@unitedcivic.org

Coventry • Easthampton
Norwich • Plymouth
Sheffield • Stratford • Waltham

It is surprising that many of the newly elected Board Members have not attended a Board Member Certification Seminar. Any Officer or Director who has not been certified

within the last two years should attend one of the seminars. My opinion is you should attend every year because of changes in Florida Statutes. The rule is you must be certified within 90 days of getting elected to the Board, otherwise you will be taken off the Board. It is imperative for the Board to be up-to-date on what should be in their budget and reserves. As you are aware, the Budget and notice of the Budget Meeting must be mailed to the owners at least 14 days in advance of the budget meeting. The proper budget must show the reserves as fully funded. If the Board is going to give unit owners the option to either waive or reduce reserve funding, they can show the effect it will have on the assessments by listing the reserves as fully funded versus a complete waiver or partial funding.

God bless all of you.



Gerry Sutofsky

vicepresident3@unitedcivic.org

Berkshire • Camden
Hastings • Salisbury • Somerset
Wellington • Windsor

"When in the course of human events..." Nope. Error. Restart.

OK, let's begin again. It is my honor and privilege to serve the Village as the new and junior vice president, new kid on the block. What will I do? I hope to do what is best for the Village and do the best I can towards that end. I am open to all with questions, or need advice, or where to find aid from outside organizations. If I cannot help, I will refer you to another officer who will provide the necessary information. UCO is here to help you. Period.

As a long-term president of my Association, I am well versed in the ways to keep an association vital, a Board of excellence and a building in excellent condition, while maintaining a strong reserve budget and

preparation for emergencies and changes. It can be done if all chip in. It is a must to be a community effort. I will help you to achieve that goal and to do it all in accordance with County, State and Federal rules and guidelines. They are here for our safety and we must abide by them.

Century Village is a beautiful place. It offers a good life: entertainment, hobbies, new horizons, amusement and new skills. All one has to do is reach out and find that which appeals to you. Talk to your neighbors. Join the clubs. Join the life that is Century Village. Volunteer. Refrain from useless criticism. Do what you can to contribute to a good life for all. Most of all, we must remember we are in this together. We live here together. We face problems together. We must work together.

One of the comments about the Eclipse of October 8th was that no matter the diversity of people gathered to watch the Eclipse, to see its wonder, was that we were all rooting for one team again. We must remember and revive that one team attitude and effort here in the Village. Yes, we can. Much to gain and nothing to lose. The key line is to reach out a hand and say, "How may I help you?"

That is my motto. I can be reached during UCO hours and leave a message if I am not available. An appointment is best, so as to ensure that I am here to answer your questions.

I am Gerry Sutofsky.
How may I help you?



"ATTENTION THEATER GOERS"

TICKET POLICY:

TICKETS ARE NON-REFUNDABLE/EXCHANGEABLE.

POST TICKETS FOR SALE ON THE BULLETIN BOARD ON A 3X5 PAPER.

IF TICKET IS SOLD TO A GUEST, ADDITIONAL FEE NEEDS TO BE PAID IN THE TICKET OFFICE.

WPRF, Inc.

Property Manager's Report

UCOMAINTENANCE@GMAIL.COM | UCOGARBAGE@GMAIL.COM



By Donald Foster, LCAM

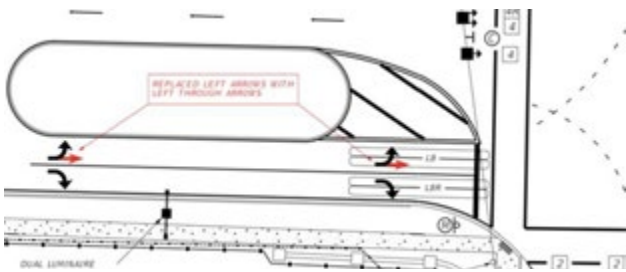
SPECIAL ELECTION- On 5/3, there will be a Special Election to fill a vacancy on the UCO Officers Committee, the Recording Secretary. This Special Election will be conducted by the UCO Elections Committee, and will happen similarly to the regular UCO elections that happen in March. **Voting will**

be from 8:00 AM until 9:30 AM, in Room C at the CV Clubhouse. It is not necessary for UCO Delegates who wish to vote to attend the monthly Delegate Assembly meeting, which begins at 9:30 AM. **Only registered UCO Delegates can vote in this Special Election.** CV Association Boards that wish to update their UCO Delegate registration forms must do so in person at UCO, before 12:00 PM on Wednesday, 5/1. A sample Special Election Ballot has been published in this edition of the *UCO Reporter*, along with bios of the four candidates.

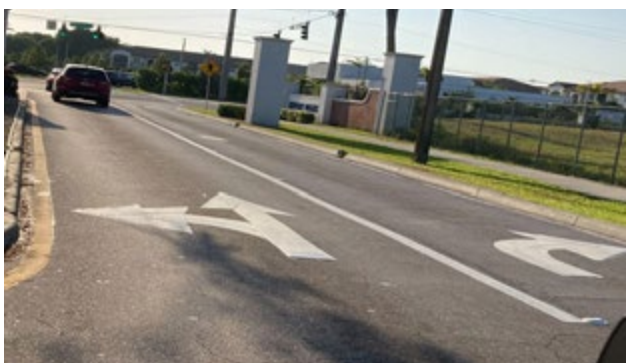
VACANT PARCEL, 5741 OKEECHOBEE BOULEVARD- Last year, Palm Beach County Commissioners declared as surplus a **County-owned 6.34 acre vacant parcel on Okeechobee Boulevard**, just east of the entrance to CV, between the UCO Office and the Public Library. It is the intention of the Commissioners that this parcel be developed for



THIS COUNTY OWNED PARCEL, BETWEEN THE UCO OFFICE AND THE LIBRARY, HAS BEEN DECLARED SURPLUS, AND WILL BE SOLD FOR DEVELOPMENT OF AFFORDABLE HOUSING. FOR MORE INFORMATION, PLEASE ATTEND THE 5/3 TOWN HALL MEETING, WHICH WILL HAPPEN IMMEDIATELY FOLLOWING THE UCO DELEGATE ASSEMBLY.



CENTURY BOULEVARD- PBC TRAFFIC DEPARTMENT IS WORKING ON INCREASING DRIVER AND PEDESTRIAN SAFETY AT THE CENTURY BOULEVARD/HAVERHILL ROAD INTERSECTION. THE NEW DIRECTIONAL ARROWS PAINTED INTO THE CV EXIT LANES WERE PLANNED OUT BY PBC TRAFFIC DEPARTMENT ENGINEERS, AND APPROVED BY UCO.



CENTURY BOULEVARD- NEW DIRECTIONAL ARROWS AT EXIT LANES WERE PAINTED IN BY THE PBC TRAFFIC DEPARTMENT. RIGHT LANE IS FOR RIGHT TURNS ONLY. LEFT LANE IS FOR LEFT TURNS AND FOR CROSSING STRAIGHT TO CONGREGATION AITZ CHAIM. PLEASE DRIVE CAREFULLY AT THIS INTERSECTION.

affordable housing, of which there is an acute shortage. On 5/3, immediately following the UCO Delegate Assembly, **Isami Ayala-Collazo, PBC Director of Facilities Development and Operations**, will make a presentation to CV residents that will explain the options related to developing this vacant parcel. This will be a Town-Hall style meeting, open to all CV residents. Feedback to PBC is encouraged, along with community concerns, such as additional traffic, security, etc.

CONDO BOARD CERTIFICATION CLASS- All Association Directors are required to be certified within 90 days of being elected to the Board. The best way to accomplish this is to attend a **BOARD MEMBER CERTIFICATION CLASS. ON 5/7, 10:00 AM to 12:00 PM**, the Florida Department of Business and Professional Regulation (DBPR) will present this class at **Room C in the CV Clubhouse**. No advance registration is required, and all CV unit owners are welcome to attend. This class will be video recorded and rebroadcast on community media, but in-person attendance is required in order to receive a Certificate of Completion. This is the time of year that most new Directors are elected or appointed to their Association Boards. This in-person class is a convenient way to fulfill the certification requirement. Upon completion, DBPR will send the attendees a Certificate of Completion that can be put into

the Association's records.

MOTOR VEHICLE DEPARTMENT AT CV CLUBHOUSE- On 5/3, Florida Highway Safety and Motor Vehicles will bring their **Florida Licensing On Wheels** mobile office to the Century Village Clubhouse. Hours of service will be **9:00 AM until 12:00 PM**. Please see the flier that is appended to this report, which lists the services that will be provided. This will be a good opportunity for CV snowbirds to renew their registrations for their vehicles that will remain in CV over the Summer. **All vehicles parked in CV must be registered and insured at all times. Unregistered cars are reported to PBC Code Enforcement, with Notices of Violation sent to CV Associations.**

EXIT LANES, CENTURY BOULEVARD/HAVERHILL ROAD- On 4/17, workers from PBC Traffic Division repainted directional arrows at the Century Boulevard exit lanes. Right lane is for right turns only. Left lane is for left turns and for crossing straight into Congregation Aitz Chaim. While this alteration may reduce driver confusion at this intersection, it will not completely solve the traffic congestion problem, so please drive slowly, carefully and mindfully when entering or exiting Century Village.


END OF REPORT



FLORIDA DMV WILL BE AT THE CV CLUBHOUSE LOBBY ON 5/3, FROM 9:00 AM TO 12:00 PM. SEE THE FLIER IN THIS EDITION OF THE UCO REPORTER FOR MORE INFO. THIS IS A GOOD OPPORTUNITY FOR SNOWBIRDS TO RENEW THE REGISTRATIONS FOR CARS THAT WILL REMAIN ON-PROPERTY OVER THE SUMMER.



ALL CARS THAT ARE PARKED IN CENTURY VILLAGE MUST BE REGISTERED AND INSURED ALL YEAR LONG. THIS NO-PLATE CAR WAS REPORTED TO PBC CODE ENFORCEMENT. THE NOTICE OF VIOLATION WILL BE SENT TO THE ASSOCIATION, NOT THE CAR'S OWNER, WITH POSSIBLE FINES FOR NON-COMPLIANCE.



Facilities Development & Operations Department

2633 Vista Parkway
West Palm Beach, FL 33411

Telephone: (561) 374-0260
isami@pbcgov.com

Palm Beach County Board of County Commissioners

Christa Saeber, Mayor
Miguel Martinez, Vice Mayor
Gregory Weir
Marlene A. Barrett
Misty Washburn
Sara Blaine
Mark Bernard

County Administrator
Victoria J. Baker

April 22, 2024

RE: Palm Beach County-Owned Real Property
5741 Okeechobee Boulevard

Dear Property Owners, Neighbors and Interested Parties,

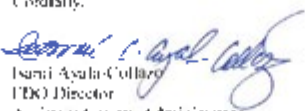
Many of you are likely to be familiar with the referenced County-owned property abutting the County's Library System Okeechobee Boulevard branch. The County acquired the property in 2002 and remains vacant. On September 12, 2023, County staff recommended and the Board of County Commissioners (Board) approved that the property be declared surplus in order to be disposed for development of affordable and/or workforce housing.

In moving forward with the potential disposition of the property, the Board has directed us to conduct community outreach to better inform a future request for proposals (RFP). Hence the purpose of this letter and what follows.

The behalf of Palm Beach County and its Board, EDO will be conducting a town hall meeting at the Century Village Club House (5500 Century Boulevard) on Friday, May 3, 2024 at 11:00 a.m. to receive public comment and input on the future disposition of the property for development of affordable and/or workforce housing. The results will assist us in drafting the associated RFP in a manner that most effectively balances local and countywide considerations.

We hope you will attend this open public forum if you feel compelled to participate and share individual interests. Should you be unable to attend and wish to provide comment or have any questions, I can be reached at (561) 234-1417 or isami@pbcgov.com.

Cordially,


Isami Ayala-Collazo
EDO Director
Assistant County Administrator

Treasurer's Report



By JoAnne Robinson

Since I spend some of my free time enjoying a lot of the amenities Century Village has to offer, and engaging with a number of my fellow community members, I have now begun to get some very interesting comments/questions about financial matters.

One thing that I have been hearing a lot about are the various rates that people have seen advertised for CD's (Certificates of Deposit). My usual reply is "check the fine print" on any ad that you see. Most of what you see represents offerings for "consumer" accounts, or personal

funds. Commercial accounts, such as your UCO Reserve Funds fall under a very different category and banks or financial institutions have a wide range of products to offer businesses and organizations such as UCO. One such product is called a "Money Market Account" and is roughly the same as a regular business savings account, but at the moment offers an attractive rate of return.

The major difference between a CD and a Money Market Account is the rate guarantee, and the committed time period. A CD pays a stated rate for a certain period of time and then expires, i.e., a 30-day CD at 2.0%, a 6 Month CD at 3.0%, a 1 Year CD at 4% and so on. At the end of the time period you get your money back, plus the stat-

ed interest and the CD is closed. Money Market Accounts do not expire and stay open until the owner closes the account. The interest that is paid fluctuates as often as weekly, and there are no fees as long as the account has a certain minimum balance maintained.

Right now we are looking at the best ways to utilize our reserve funds by putting together all the information available and conferring with industry professionals to present to our community the best plan for Century Village. Over the next few months, we will be presenting a recommendation to the delegates for approval to move ahead with a program to put our reserve funds to the best use, in accordance with our bylaws and the needs of our community.



By Ruth Dreiss

Regarding future excursions, if you would like to continue to enjoy them, you need to come forward and give the Transportation Committee further suggestions. This is not the responsibility of one

person to present places to go. When suggestions are received, they will be considered.

Our upcoming excursion will be to WPEC TV Studio (CBS Channel 12) in West Palm Beach on Friday, May 10th. This will include a tour of the studio and time to spend with morning anchors. It is a 2-hour tour and is limited to 18 participants who must be CV residents. The bus will leave the Clubhouse at 9 a.m. and return to CV at 11 a.m. If this excursion is mutually acceptable to

Transportation

both the Committee and the TV Studio, and the upcoming trip proves worthwhile, the excursion can be made monthly. If so, records will be kept of the residents who took the trip, so that in fairness, everyone is given an opportunity to go on upcoming trips.

Some future excursions have been mentioned to the Wildlife Refuge at \$14 pp and the Florida Oceanographic Society in Stuart at \$20 pp.

A request has been made to add an additional bus stop at Aitz Chaim on Haverhill Rd., opposite the East gate. Going there by any of the internal route buses is no problem. Returning cannot be direct to CV because of safety issues. Therefore, return trips will have to travel north to the post office, then back to CV. More information is being researched by the bus company and Chair Patricia Caputo will inform everyone if it is finalized and

on which days it will operate. This additional stop will not add cost to our transportation contract. The proposal was tabled until the next Transportation meeting on May 7th.

The Academy Bus Manager was pleased to report that everything is working well and that compliments were received.....no complaints. At this time, they await newer buses and continue maintenance of all vehicles.

Beginning with the May meeting, the committee will meet at 12 noon, instead of 1:30 p.m., voted by the committee and further informally approved by the guests present at the April meeting. Anyone riding the bus to the meetings can board the Route 1 bus by 11:20 a.m. to reach the UCO office.



By Stew Richland

Our security meeting went very well. The police report did not reflect any increase in criminal activity from the same time last year and there were very few issues posed by those attending the meeting.

Just a reminder. Crime is at your elbow all the time. The only way you can reduce it is by constant diligence. Be aware of your

surroundings. Don't create a situation that could enable a perpetrator to steal your property. Keep your car doors locked. Do not display anything of value on your car seat. Make sure your unit windows are securely locked at night. Check your door locks. If they are worn and old, replace them. When you are not at home, keep a light on and perhaps keep your TV set on. This will often deter someone from breaking into your unit. If you are going away for a few days, ask a neighbor to check

your unit. These suggestions have worked in the past and require very little effort on your part.

As the new Chair of Security I am looking forward to helping all of our citizens in CV with the issues they may have.

We are on a very good footing with the Sheriff and police, and we are happy to have them at our Security meeting after each Delegate Assembly meeting. The meeting is open to all of our residents.

Security

INSURANCE

**BY PHIL MASI, AGENCY PRESIDENT, ASSURED PARTNERS
UCOINSURANCE@GMAIL.COM**

As agent for the CVWPB Insurance Program, I wanted to make sure all CV Association Boards were on the same page with what the insurance carriers consider to be a roof replacement. In order for a roof to be considered replaced, whether this is a flat roof system or joisted (peaked) wood roof system, all roofing materials must be removed down to the roof deck and replaced. A flat roofing system recoating the existing roof is NOT a roof replacement. Installing shingles over existing shingles is NOT a roof replacement.

We realize that some flat roof system vendors recommend having re-coating done to comply with recommended maintenance schedules. I am not suggesting that those re-coatings should not happen at recommended intervals, or that these coating systems are not good roofing solutions. I just want to make sure that all CV Association

Boards understand that recoating is not a roof replacement. As for the joisted shingle roofs, new shingles should NEVER be applied over existing shingles. Original shingles should be removed, any rotted wood should be replaced, and new shingles should be installed. What we want to avoid is an association spending good money, believing that what they are doing (installing roof coatings) will count as a roof replacement, only to find out that is not the case, and the insurance relief that was expected is not achieved.

With storm season approaching, I recommend that all of my clients have their roof systems inspected, regardless of age. If roof damage were to occur this storm season, it is very powerful for the Board to be able to show records of routine roof maintenance as well as a recent inspection report that reflects the condition of the roof at that time.

For example, if you had your roofs inspected in May of 2024 and a storm

caused damage to those roofs in September of 2024, it would be very hard for the insurance carrier to say the damage the association believes was caused by the storm existed prior to the storm. This is especially important for older roof systems. Being able to show routine roof inspections and recommended roof maintenance makes any future roof claims a much smoother process for all involved.

Your UCO Insurance Committee Chair, Suzanne Saramak, can assist with any questions regarding Association insurance coverages, and many other questions regarding building maintenance and repairs. Please send questions and comments to UCOINSURANCE@GMAIL.COM.



Century Village Residents Shine!

BY DANIEL ZELAYA, PLATINUM SECURITY DIRECTOR

Greetings and Salutations. In this article I would like to provide a few Bicycle tips. There is no 100% sure way of preventing theft, but being proactive and having security measures in place will definitely help in deterring theft.

1) Lock your bicycle, using a Heavy-duty chain lock or a U-lock. If unable to store inside your unit, keep it in a well-lit and high traffic area.

2) If you have an iPhone, there are accessories such as an air pod or air tag that can be used to keep track of your bicycle. If you have an Android phone, then you can also purchase a small bicycle tracking device as well, from Amazon or an electronics store.

These accessories can be placed inside or under the seat post, inside the handlebars or inside the frame tubes. Do not forget to install the app or software on your phone.

3) Keep a picture of your bicycle and serial number of your bicycle as proof of ownership. The exact location of the serial number varies, so read your manual. A few common places for the serial number are underneath the bottom bracket, the seat tube or the down tube.

4) As always, I'm a supporter of cameras. If NVR cameras are not in your budget, then a Wi-Fi camera from Amazon or an electronics store are

just as good. With today's technology, there are solar paneled cameras to keep your cameras charged and AI intelligence to alert you of specific notifications you want to receive. Always consult with your building lawyer before placing cameras, to ensure you are in accordance with Florida statutes. Your building lawyer can inform you of where cameras can be placed, what features can be used and for what purposes.

5) If ever a victim of bicycle theft, always remember to Immediately contact Non-emergency PBO 561-688-3400.

Port of Palm Beach Updates

BY COMMISSIONER VARISA LALL DASS, VLALLDASS@KKLAW.COM

The Port of Palm Beach continues its historic growth, recently setting a record tonnage rate of 137,765 gross registered tons (GRT) which surpassed the previous November 2012 record of 19,139 tons. The Port's ability to accommodate high volume traffic ensures we can continue to operate at a notable profit margin, without levying a cent of local tax dollars. We were able to accommodate all 15 vessels for cargo unloading on this historic day with the help of tugboat Vigilant. The Port also recently accommodated its longest cargo ship in 30 years. The cargo ship was an astonishing 644 feet, longer than a football field!

The Port will undergo maintenance dredging in April. We will remove 100,000 yards of sand from the channel which will be used to renourish near-

by beaches. By doing so, the Port ensures we are a good partner to our surrounding communities, as well as assisting in the preservation of our beautiful Palm Beach County waterfront.

On March 11th, we opened applications for our paid 8 week internship program for local students enrolled in university, college or a trade school in Fall 2024. The program offers opportunities in accounting/ finance/ procurement, administration, communications, human resources, information technology (IT), operations/engineering, planning, and tenant relations. Our cement port tenant, Ozinga, is looking for a student interested in learning how to operate the company's cement terminal, ready-mixed concrete plant and work in the sales department. This paid internship allows students

to explore job opportunities at the Port, as well as provides them with the opportunity to remain local in the Palm Beach County area upon graduation. Students can apply for the internship by emailing yfarinas@portofpalmbeach.com.

The Port will also undergo infrastructure improvements to continue our mission of preventing traffic backups. We will be expanding the main cargo gate at MLK Blvd. We will also make rail expansion improvements within the port in order to maximize our tonnage capacity. These projects were funded by FDOT and the United States Maritime Association.

If you have any questions or concerns about the Port of Palm Beach, please feel free to reach out to me directly at vlalldass@kklaw.com.



By Eva Rachesky

Dear Residents,

There is an ongoing issue at the Hastings Resistance Pool. Though Security asks residents to keep moving and not stand in front of the jets, certain residents refuse to follow the "no standing" rule listed on the Resistance Pool Rule sign. The offending resident(s) will move when asked but, as soon as Security goes back into the clubhouse, the resident(s) go back to standing in front of the jets. I consider this to be selfish behavior and, though instructed to stop, certain residents refuse

to comply.

WPRF News

Included in the Clubhouse/Outlying Pools Rules/Regulations is Rule #11 which states:

ALL PERSONS USING THE RECREATIONAL FACILITIES MUST COMPLY WITH ALL INSTRUCTIONS, DIRECTIONS AND REQUESTS FROM ANY SECURITY OFFICER.

And #13 which states:

ALL PERSONS USING THE RECREATIONAL FACILITIES SHALL CONDUCT THEMSELVES IN A COURTEOUS MANNER WITH DUE REGARD FOR THE RIGHTS OF OTHERS TO USE AND ENJOY THE FACILITIES.

This is a warning that anyone caught standing

in front of the jets and refusing to move when asked by Security or going back to the jets when Security leaves, W.P.R.F., Inc. will suspend your right to use any of the recreational facilities for 30 days. Your ability to access and utilize the facilities is predicated on your ability to ensure that your conduct continues to be polite, courteous and in compliance with the direction of the Security staff, Management and all rules and regulations throughout the recreational facilities.

Of note...cameras have been installed, Security is watching and can provide footage to back up the suspension request. Please govern yourselves accordingly.

CLUBHOUSE LIMITED PARKING

DUE TO THE LIMITED AMOUNT OF PARKING SPACES IN THE MAIN CLUBHOUSE PARKING LOT, PLEASE CONSIDER TAKING THE BUS OR CARPOOLING WITH YOUR FRIENDS AND NEIGHBORS TO MINIMIZE OVERCROWDING

WPRF, Inc.

DUE TO NONCOMPLIANCE WITH SAUNA RULES. MEN'S SAUNA WILL BE CLOSED INDEFINITELY.

W.P.R.F. Inc.

Minutes Delegate Assembly

April 5, 2024

CTO by President Fausto Fabbro @ 930 am

Quorum was met.

Pledge of Allegiance to the Flag.

Minutes were approved as presented, Motion by Joyce Reiss, 2nd Sandy Levine.

Law Enforcement Report;

Traffic report, 12 stops, 18 citations and several warnings.

Calls for the month were 217. Including 1 stolen vehicle, 1 burglary, 4 bicycle thefts, 1 case of vandalism. Representatives from the Department will be at the Security meeting this afternoon.

Several questions on traffic flow etc. Niels Heimeriks from Commissioner Gregg Weiss' office informed us that in June a raised medium is planned for the area at the Alora Apartments.

President's Report...Fausto Fabbro;

As of July 1st of this year, only 6 PERMANENT guests will be allowed per unit. Owners should update their lists. This does not hinder guests that you enter for shorter time periods. This agreement was coordinated between WPRF and UCO.

Starting next Friday and on the 2nd Friday of each month, Coffee with the President will be held from 9:30am to 11:30am at the UCO office. This will be done by invitation only. Associations will be contacted by our administrative assistant.

Starting on May 17th and on the 3rd Friday of each month, from 9:30 to 11:30 am, information and problem sessions will be held in the Clubhouse Room C. All Century Village residents may attend.

Starting immediately, UCO will no longer hand out blank Certificates of Approval. Rental extensions will be typed out at the Investigations Office. Copy of the lease must be brought along at this time, as well.

Introduction to approve Gerry Sutofsky to fill the unexpired term of Vice President. Approved by the Officers Committee. approved by the Executive Board. Now to the Delegates for approval.

Motion to approve by Richard Handlesman, 2nd by Robert Rivera.

Motion carried by a vote of 129 to 1.

Officers' Reports;

Stewart Richland, VP. Reminder to all to be careful of pedestrians, bicycles and small motorized vehicles. Many of these do not adhere to safety procedures. Stewart also announced that he is the new Chairman of the Security Committee. You may direct concerns to him.

Domenic Gaurnagia, VP. Bar Codes are now limited to two vehicles per unit. This was done to help alleviate parking problems. He is always there to assist in installing bar codes. Thanked all for voting for him.

Patricia Caputo, VP. Thanked those who voted for her. Informed all that the Transportation Meeting has a time change. The meeting will start at 12 noon on the first Tuesday of each month at the UCO office.

Gerry Sutofsky, VP. Introduced himself to the Delegate Assembly and thanked them for their support. He brought us information on several items. For the 3 & 4 story buildings, an Engineering Report is needed to be done by the end of 2024. Also, for these buildings a Reserve Schedule for 10 lines needs to be completed by the end of 2026. For all buildings, a Census should be every two years. Check with your property manager or attorney on handling this. Remember that Hurricane Season will be upon us sooner than we think.

David Boas, Correspondent Secretary. Thanked the 3 committees, Nomination, Elections and Sign In committees for their help in administering the recent election.

JoAnne Robinson, Treasurer. Thanked all for their support in the recent election. She laid out her plans for the treasury. Find out where your assets are, secure your assets, who owes you money. This is all completed. Guy Strum is in the process of doing our audit. The Finance Committee has been established and approved. A Cash Management Plan is being worked on.

Public meeting on the new budget will be held.

Ruth Dreiss, Editor, UCO Reporter. Last month's operations were down, but we remain ahead on the yearly balance.

Donald Foster, LCAM. Several items were discussed. Here are the highlights. Tree trimming is being done. Contact your property manager if your building was missed. Guidelines for garbage disposal. Security issues with adjoining Reflection Bay property. South Canal Survey has been completed. Waiting for an Engineering Plan.

Unfinished Business.

Election of Recording Secretary. Cut off date is April 15. Election will be held at the next Delegate Assembly.

Good of the Order.

Representatives from FPL were here to inform the Village of an energy savings program. They will start in about 3 to 4 weeks. More information as the time becomes closer.

Bobbi Levin told all about the Newcomers Meeting to be held on April 9th at 2pm in Room C at the Clubhouse.

Olga Wolkenstein question of having a sticker on WPRF ID Card for use of the exercise room. This is a WPRF decision.

Richard Handelsman brought the possibility of financial help for association upgrades through HB 1029.

Guests including, Niels Heimeriks from Commissioner Gregg Weiss office. Derrick from Congressman Brian Mast office, Amy from Anne Gannon's office, and Andy from the Clerk of Courts Office. Numerous candidates for election to various offices were given two minutes each to address the Delegate Assembly.

Motion to adjourn. Joyce Reiss, 2nd Robert Rivera.

*Submitted by
David Boas*

Delegate Assembly Attendance

Delegates Present April 5, 2023 Delegate Assembly

Andover	C, E, G, J, M	Kingswood	D
Bedford	A, G, H, J, K	Northampton	C, E, M, N, S
Berkshire	B, E, H, I	Norwich	A, D, M
Cambridge	C, D, H, I	Oxford	400 (1 of 2), 700
Camden	N, H, I, K, N, O	Plymouth	5 (1 of 2)
Canterbury	A, B	Salisbury	D, I
Chatham	B, C, E, F, H, N, P, R, T, U	Sheffield	B, F, G, H, J, L, Q
Coventry	B, D, I, J	Somerset	C, E, F, G, K
Dorchester	C, D, G	Southampton	A (1 of 3), B, C (1 of 3)
Dover	(3 of 9)	Stratford	A, B, C, D, H, J, L, O
Easthampton	G, H	Sussex	E, H, L
Golfs Edge	(6 of 7)	Waltham	D, E, F
Greenbrier	A (1 of 2), B, C (1 of 2)	Wellington	A (1 of 2), D (1 of 2), E, F (1 of 2)
Hastings	E, H, I	Windsor	G, H, K (1 of 2), L (1 of 2)
Kent	B, C, D, E, I, M		D, E, F, I, K, L, P



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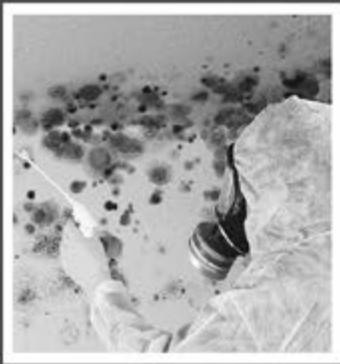


Roof Leaks

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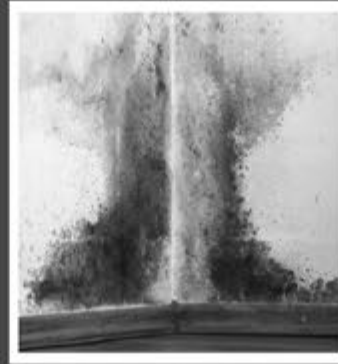
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- Janice T.



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SCAN ME



LEGAL



Legal Questions and Answers

BY MARK FRIEDMAN, FLORIDA BAR CERTIFIED AS A SPECIALIST IN CONDOMINIUM AND PLANNED DEVELOPMENT LAW

Can we borrow from our reserve accounts?

The statute provides that "reserve funds and any interest accruing thereon shall remain in the reserve account or accounts, and may be used only for authorized reserve expenditures unless their use for other purposes is approved in advance by a majority vote of all the total voting interests of the association." If your building is a two-story building and the membership vote to approve using reserve funds for alternative purposes, then you may do so. If you are a three-story or higher building, the statute provides, For a budget adopted on or after December 31, 2024, members of a unit-owner-controlled association that must obtain a structural integrity reserve study may not vote to use reserve funds, or any interest accruing thereon, for any other purpose other than the replacement or deferred maintenance costs of the components required to be in the Structural Integrity Reserve.

Can we have closed Board meetings?

The Condominium Act allows Board members to communicate via email but not to take any votes via email. Further, closed Board meetings may only occur when discussing personnel is-

sues (a rare occurrence as most Century Village condominiums do not have employees) or with an attorney when discussing pending or proposed litigation. All other types of meetings are required to be open to the unit owners.

Do we have to post notice of closed board meetings?

Yes, you must post a notice and agenda of the closed meeting so that the other unit owners understand why the Board is meeting behind closed doors.

What vote is required to borrow money?

That depends on your individual governing documents. Chapter 617, Florida Statutes, permits not-for-profit corporations to borrow money unless otherwise provided in their Articles of Incorporation or Bylaws. If the governing documents for your community require membership approval or the approval of a supermajority of the Board to approve borrowing money from a bank, then that is what must occur. If your documents do not have a specific provision, generally the vote will be by a majority of a quorum of the Board.

What vote is required to change the

appearance of the Common Elements (portions of the condominium property outside of the units)?

Section 718.113, Florida Statutes, defers to the Declaration of Condominium. It basically tells the Association to check its documents first, and if they are silent on the matter, then the statutory default is a 75% approval of all the unit owners to approve a material alteration. A material alteration is not the same as maintenance and repair but the two are often confused. If you are replacing your roof and the new roof will be of the same materials and the same color, that will usually be a maintenance and repair decision of the Board. However, if the Association wants to change a shingle roof to a barrel tile roof, or to change the color of the shingles, that will require membership approval, unless the declaration specifically allows the Board to make that decision.

Mark D. Friedman, B.C.S. is recognized by the Florida Bar as a specialist in Condominium and Planned Development Law. This article is for educational purposes only and should not be construed as legal advice. You should consult with your own attorney. Mr. Friedman may be reached at MFriedman@Beckerlawyers.com.

WILLS, TRUSTS, DEEDS, ESTATE PLANNING, PROBATE

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Karen Levin Alexander, P.A.

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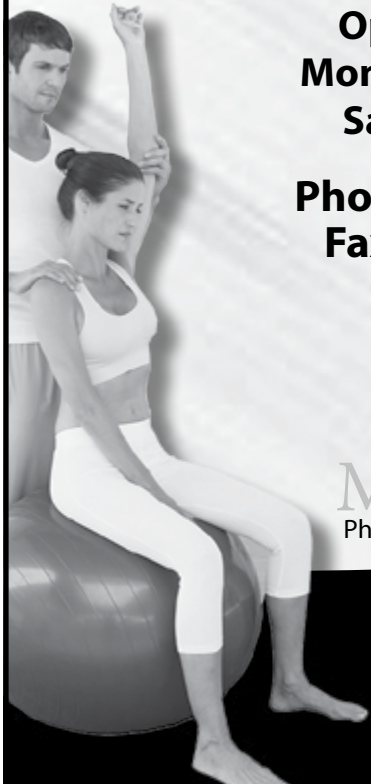
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May Tax Talk

ANNE M. GANNON

CONSTITUTIONAL TAX COLLECTOR PBC

Over the past few months, my team and I have participated in several community events where we had the opportunity to meet and speak with residents around the county.



From the Jupiter Jubilee and Palm Beach Pride to the St. Patrick's Day Parade in Delray Beach, it is so rewarding to take the time to volunteer for these community events. Volunteering not only benefits those being served but

also provides volunteers with opportunities for personal growth, skill development, and a sense of fulfillment. It fosters a sense of belonging and strengthens social ties within communities, contributing to the overall well-being and resilience of society.

I encourage you to find your passion and volunteer for a community organization or event. You can start by visiting the Palm Beach County's Volunteer Opportunities website at <https://discover.pbcgov.org/pages/volunteer.aspx> to perhaps find a way that you too can support our community...you'll be glad you did!

Wishing all our mothers a very happy Mother's Day!

CELEBRATING PALM BEACH PRIDE

Palm Beach Pride persevered through rain and shine, a soggy Saturday didn't drown out my team's enthusiasm at this year's shortened event. Thank you to everyone who came out to



the event to wave and cheer on the TCO float in Sunday's Pride parade.

Following the parade, we engaged with Palm Beach County residents who stopped by our booth. We answered their questions about our services and demonstrated the values that make our agency exceptional.

I am proud of our continued support of and participation in this annual community event.

TOP BICYCLE SAFETY TIPS FOR RIDERS AND MOTORISTS

May in South Florida is a great time of year to spend time outside before the summer heat arrives. This time of year also brings an important focus on safety—Bicycle Safety Month.

Did you know that Florida is home to fourteen of the top twenty counties in the U.S. for the most cyclist deaths per 100,000 people? These numbers are a sad reality that highlight the emphasis that needs to be placed on safety for both

cyclists and motorists.

For cyclists

- Always wear a helmet
 - Ride in a group, motorists are more likely to see a group of cyclists as opposed to an individual
 - Add reflectors and lights to your bike
 - Wear retroreflective and bright clothing
- For motorists
- Be aware of your surroundings and on the lookout for cyclists
 - Slow down – high speeds increase the likelihood of serious injury or death

For more information about Bicycle Safety Month, please visit <https://www.trafficsafety-marketing.gov/safety-topics/bicycle-safety>.

UNDERSTANDING CREDIT CARD DESCRIPTORS

Paying online is the fast, convenient option to pay your bill at the Palm Beach Tax Collector's Office. When you pay by credit card, be aware of the credit card descriptor for your transaction. Wondering what a credit card descriptor is? It is the merchant information that appears on your statement when you make a charge. It is always a good idea to check your transactions to make sure there have been no fraudulent charges made with your card.

Transactions with our office will appear as the following on your statement:

- B2P*TAX COLL DMV PALM BCH – motor vehicle transaction, including vehicle registration and driver license renewals
- B2P*TAX COLLECT PALM BCH – property tax, business tax receipt, and tourist development tax payments
- LN PALMBEACH DMV KIOSK – registration renewals at an MV Express kiosk

Palm Beach County News

FROM THE OFFICE OF PALM BEACH MAYOR GREGG WEISS

FLORIDA LICENSING ON WHEELS



COMING TO CENTURY VILLAGE

Updating your driver license, renewing your vehicle registration, getting an ID card, it can all be done at Century Village

when Florida Licensing on Wheels (FLOW) comes to the clubhouse on May 3, 2024. FLOW is a program by the Florida Department of Highway Safety and Motor Vehicles that increases convenient accessibility to essential services by having buses with qualified staff come to communities.

Shout out to Donald Foster, who told us about it. Fortunately our office was able to connect with the department and get them to come to Century Village on a short notice. Take advantage of this program. Its services include License and ID credentialing services, renew a vehicle registration, and purchase a specialty license plate. They also offer FLHSMV's critical safety services such as emergency contact information registration and safety campaigns by the Florida Highway Patrol. However, no written or driving tests are given from mobile units.

RESTRIPING @ HAVERHILL EXIT

County staff is in the process of re-striping a section of the Century Boulevard - Haverhill exit. The left turn lane currently only has a left turn arrow. Staff will be adding a straight/through arrow to reflect that this lane is for vehicles going left (North on Haverhill) and straight (to the Synagogue) out of the Village. The left turn movement is permissive, which means a driver is allowed to make the left turn as long as there is no conflicting traffic from the opposite side coming through. The right turn lane will remain exclusive right.

ARTIFICIAL INTELLIGENCE

Gregg has given close to a dozen presentations about Artificial Intelligence to groups large and small, eager to learn about what AI means. This includes the Century Village Computer Club where close to 80 seniors turned out to listen and ask questions. If you'd like to better understand AI, or you have questions about how to use it, write us an email @ district2@pbc.gov We go out to communities and we write about AI in our newsletter and we love your questions.

ABOUT COUNTY MAYOR GREGG WEISS'S OFFICE

You are important to us. We want to hear about the issues

that affect you.

If you run into problems that we might be able to help with don't hesitate to contact us.

561-355-2202 or email us: district2@pbc.gov

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 Niels Heimeriks
 Chief of Staff
 Office of Palm Beach County Commissioner Gregg K. Weiss
 Palm Beach County Commission District 2
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 561-371-1089 (cell)
Nheimeriks@pbc.gov

The Falling Star Players
PRESENT

Murder in the Clubhouse!

A comedy written by Erwin Protter.
Adapted and directed by Jody Lebel.

It's a cold, dark, rainy night in WPB. No one would venture out on a night like this. The clubhouse is nearly empty. Lightning flashes. Suddenly a scream is heard!!

Who ya' gonna' call?
Shlocky Holmes!
 Tuesday, May 28th – 7:00 PM - Room C
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DORCHESTER G

Terrific opportunity to own a first floor, corner 2/1.5, furnished, freshly painted and renovated unit. Comes with NEW water heater and A/C, impact windows and extra built in mirrored closets. Rentable after one year. Roof is one year old and no assessments.

\$215,000



SOUTHAMPTON B

Great ground floor location. New kitchen with double sink, walk in shower for safety and convenience, crown molding with elegant lighting. Near pool, tile floors throughout.

\$149,000



CHATHAM A

A completely renovated condo on the very desirable Chatham Isle. Fantastic waterviews. Very large 2 bedroom/2 bath ready to move in.

\$185,000



SUSSEX L

Immediately rentable. Tenants are in place and very content to rent long term. Condo is a very desirable and rare 2-bedroom/1.5 bathrooms located on the 1st floor for convenience. Unit is remodeled and kept in updated safe condition. Parking is a short distance away from the entrance. Quiet location for a pleasant and happy retirement or profitable investment. Opportunity won't last!

\$172,500



SHEFFIELD G

This beautifully decorated, clean and well kept condo is waiting for you to call home. It is being offered as a complete turnkey package. The building improvement assessment has been paid in full. Enjoy an enclosed lanai creating an expanded living area. Take a look and see for yourself.

\$84,000

1 BEDROOM – 1 BATH

- Somerset G – 1st floor, GORGEOUS, all new appliances, waterview..... \$115,000
- Sheffield Q – 1st floor, NEW LOW PRICE – patio – move right in..... \$109,000
- Windsor P – 2nd floor, updated bathroom and porch, new roof \$117,900
- Sheffield G – 2nd floor, 1/1 \$84,000

1 BEDROOM – 1 ½ BATH

- Southampton B – 1st floor, freshly painted & updated..... \$149,000
- Golfs Edge 1st floor, near clubhouse and east gate..... \$135,000
- Oxford 500 – 1st floor, washer/dryer dressing room, walk-in closet..... \$200,000
- Wellington C – 3rd floor, fantastic lake views brand new a/c \$149,000
- Southampton B – 1st floor, large back porch, peaceful views..... \$84,900

2 BEDROOM – 1 ½ BATH

- Sussex L – 1st floor, RENTABLE W/O wait, tenant in place..... \$172,500
- Northampton L – 2nd floor, new storm windows-new roof-corner \$120,000
- Coventry I – 1st floor, remodeled kit & baths – central air – new roof \$195,000
- Dorchester G – 1st floor, corner, waterview, Remodeled kitchen \$155,000
- Northampton D – 2nd floor, beautiful renovated, new elec panel & windows .. \$251,900
- Salisbury E – 2nd floor, completely renovated move-in ready corner..... \$200,000

2 BEDROOM - 2 BATH

- Wellington H – 3rd floor, amazing waterview, central air \$239,000
- Somerset C – 2nd fl, corner, fantastic new kitchen, appliances, AC..... \$295,000

- Chatham A – 2nd floor \$185,000
- Somerset C – 2nd floor, corner impact windows, SS app, newer baths \$289,900
- Somerset H – 2nd floor, renovated kit & baths, impact windows..... \$272,500
- Somerset E – 2nd floor with lift, renovated, fantastic views..... \$259,900
- Greenbrier A – 2nd floor, renovated kitchen and baths, private assoc pool .. \$220,000
- Somerset G – 2nd floor, gorgeous corner water view, new roof..... \$220,000

RENTALS

- Stratford N – 2nd floor, 1/1.5 \$1,350
- Sheffield Q – 1st floor, 1/1..... \$1,450
- Chatham U – 1st floor, 1/1 \$1,450
- Camden I – 1st floor, 1/1.5 partially furnished \$1,450
- Norwich B – 2/1.5 2nd floor, corner –lovely laminate floors..... \$1,500
- Norwich F – 2/1.5 1st floor, furnished & beautifully updated \$1,550
- Chatham O – 2nd floor, 2/1.5 corner – fantastic location – com. rehab..... \$1,595
- Andover M – 2nd floor..... \$1,595
- Easthampton G – 2nd floor..... \$1,950

RECENT SALES:

- 87 Stratford G \$225,000
- 25 Coventry B \$200,000
- 28 Chatham B \$173,500
- 202 Oxford 100 \$145,000
- 87 Northampton E..... \$215,000
- 70 Chatham C..... \$210,000
- 54 Windsor C..... \$120,000
- 49 Chatham C..... \$235,000

ALL INFORMATION IS DEEMED CORRECT AT TIME OF PUBLICATION 5/2024

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VOTE TUESDAY AUGUST 20, 2024

Organization News

Actors Studio 1: meets Monday 7-9 PM in the clubhouse. Openings for actors of all skill levels. Writers and stage hands are welcome. Performances every year. Participants read from scripts. Call Marshall: 561-596-1738.

African American Culture Club: business meetings, first Wed. each mo. 6:00 PM. Potluck 4th Sun., 3-6 PM. Play hand knee & foot during the week. Les 315-529-1221; Sadie 845-541-7167; Eula 561-718-7478.

Al-Anon Attitude of Gratitude: beginners mtg. starts again Oct. 4, every Thurs., 4:30 pm, Clubhouse Craft Room. For info: call 954-512-0509.

American Legion Post 141: Attention Veterans!! And anybody connected to the military. Your service is needed again. Join the American Legion, Post 141 and help support our Veterans & community programs. For more info: Ron Rising, Commander, Post 141 561-460-5169, commanderpost141wpb@gmail.com.

Art Club: Thurs. mornings, 9:30 to noon, Art Room, 2nd fl. No dues, no costs. Call Susan Bernstein 917-833-7516 to let her know you will come.

Baby Boomers: Monthly meetings third Wednesdays, 3:30-4:30pm, upstairs Clubhouse Classroom D (old Library room), each month from June-November. We will plan things to do, meet friends and then go to dinner together (optional activity). All welcome.

Board Synergy Club: Meets every Thurs., 1:30 pm and 6:00 pm. CH, Mtg. Rm. B. All CV residents are welcome. This is a weekly opportunity to network with other board members and ask questions. For more information, contact Kelly at boardsynergyclub@gmail.com or (920) 544-6025.

C.E.R.T. (Community Emergency Response Team): Meets 2nd Friday of month, CH Room A, 1 PM.

Christian Club: Meetings first Wed. of month, 1 PM

Clubhouse Party Room. For Club info call: Rae Boyle 561-254-2290.

Computer Club: meets first Thursday of mo., CH Room A, 12:30 pm, refreshments served, drawings for door prizes. Classes to learn new digital skills, improve knowledge of computers, phones & tablets. Membership: \$12 per yr. Share your skills with others as a volunteer teacher. For info: email cvccwpb@gmail.com. For Website: <https://www.cv-computerclub-wpb.com/>

Cong. Anshei Sholom: 5348 Grove St. Invites you to join them for Shabbat Services Sat. morning, 9:15 AM with a kiddush following. Our synagogue is cleaned & sanitized each week. Hand sanitizers available. For further information, please call the Synagogue office: 561-684-3212.

CV Friends of Bill W: Meetings Mon. & Thurs., 6:30 pm, Clubhouse 1st fl. Craft Room. Further info: 832-819-7748, 631-889-2614.

Democratic Club of CV: Meetings 3rd Thursday each mo., 1:30 pm. For more info contact: Les Rivkin, Pres. 315-529-1221.

Falling Star Players: a CV acting group producing 3 shows a year. Meets in Classroom C every Tuesday. 6PM. Can't memorize lines? No problem. We take our scripts on-stage. Come join the fun! Call Jody Lebel 561-531-3373.

Irish American Club: meetings begin Nov. 9th, 1 PM, clubhouse Party Room. All future meetings, first Tuesday of the month, same time & place. More info: please call Carole 914-343-5547.

Italian American Club: Meeting 3rd Wed. of the month, Party Rm. For more info: call Fausto 561-478-1821. Upcoming Tours (all based on 40 passengers): May 4-13 10-day 7 countries/land only, England, Belgium, Germany, Austria, Switzerland, France, Italy. Cosmos Budget Tour starting \$2,359.00 pp dbl. Sept. 22-30 9-day Dublin to London land only, Ireland,

Wales, England. Cosmos Budget Tour starting \$1,839 pp. dbl. Nov. 17-24 7-day cruise on M.S.C. "Seaside" Mia/Ocean Cay/Nassau/San Juan/Puerto Plata/Mia. Rates starting \$409 pp.dbl + port & tx. For info & reservations: Michelina 561-335-2576 michelinad@hotmail.com, Franne 561-478-9526 (Nov. to Apr.) franneschmidt@gmail.com. All rates subject to change without notice.

New York & Jewish Club: meets 2nd Thurs. ea. mo., 6-8 PM, Mtg. Rm D. Enjoy mingling, forming friendships, and discussions with those having the same backgrounds & interests. More members needed. Pl. call: Mark Sosnowitz, 914-318-4476.

Russian-Ukraine Club: meets 2nd Mon. of mo., Meeting Rm. A, 4-7 PM. For info call Pres. Raisa Kogan 302-345-9627.

Sailing Club: Meets Nov.-April, 2nd Friday of the month, 10 AM, Room C. Monthly Potluck, 5:30 PM, 1st Tuesday of month, Guest Pool, Nov.-April.

Shuffleboard Club: Summer Season May thru Oct. Play Tues. 6:30 PM, changed from previous yrs. Winter Season Nov. thru April, Tues., Wed., Thurs. Be ready to play at 1:15. Everyone is welcome. Equipment will be provided. Any questions, call Ed Wright: 561-632-5268.

Snorkel Club: meets the 3rd Friday of the month October thru April, 10 AM in Clubhouse, Classroom B. Also Nature Walks at Wikodahatchee & Green Cay Wetlands. Please join us.

Tennis Club: Tennis players invited to participate in discussion of the future of our Club. Call: Les 315-529-1221.

Trivia Night: every Friday, Clubhouse Room B, 6:17 PM. Bring snacks, 50/50 drawing for prizes. Dial Brady 716-308-0922 for info.

Zoom Programs: Poetry, Karaoke, Yiddish Vinkl programs. Contact Marsha Love - mgmaita@aol.com.

MAY 2024 CLUB LIST

All Clubs are active as of revised date, Clubs may have been discontinued or cancelled. Rooms or dates may be subject to change or modification. Masks and Social Distancing Recommended; Some Clubs may have Additional Rules

CLUB NAME	ROOM	DAY	TIME
Actor's Studio	Meeting Room C	Every Monday	6:30pm-9pm
African American Culture Club	Art Room	1st Wednesday	6pm-7pm
African American Culture Club Potluck	Party Room	4th Sunday	3pm-6pm
Art Circle of Friends	Art Room	Every Thursday	9:30am-12pm
Attitude of Gratitude	Craft Room	Every Thursday	4:30pm-5:30pm
Baby Boomers (summer)	Meeting Room D	4th Wednesday	3:30pm-4:30pm
Ballroom Dance Practice Group	Party Room	Every Monday	2pm-4 pm
Bible Study Group	Meeting Room D	Every Sunday	3pm-5pm
Bible Study Club in Spanish	Class Room A	Every Tuesday	6:30 pm-8:30pm
Board Synergy	Meeting Room B	Every Thursday	1:30-3 & 6-7:30
Camera Club	Meeting Room C	2nd Tuesday	10am-12pm
C.E.R.T.	Meeting Room A	2nd Friday	1pm-3pm
Christian Club	Party Room	1st Wednesday	12:30pm-2:30pm
Computer Club	Meeting Room A	1st Thursday	12:30pm-3pm
C.O.P.	Class Room B	2nd Thursday	10am-12pm
C.V. Crafter's Club	Meeting Room A	2nd & 4th Friday	9:30am-12pm
Dance Party	Party Room	Every Wednesday	7pm-10pm *
Democratic Club Meeting	Meeting Room C	3rd Thursday	1pm-3:30pm
Falling Star Players	Meeting Room C	Every Tuesday	6pm-9pm
Friday Night Fun Trivia	Meeting Room B	Every Friday	6:17pm-9pm
Friends of Bill W	Craft Room	Monday & Thursday	6:30pm-7:30pm
Homestead Exemption Outreach	Clubhouse Lobby	1st Thursday	1:30pm-2:30pm
Italian American Culture Club	Party Room	3rd Wednesday	1pm-3pm
Karaoke	Party Room	Every Saturday	6pm -9pm
Jewish Club (see New York Club)			
Latin American Club Mtg	Meeting Room A	2nd Thursday	6pm-7:30pm
Latin American Club Dance	Party Room	3rd Sunday	5pm-9pm
Line Dancing Beginners	Hastings Aerobic	Every Friday	11:15am-12:15pm
Line Dancing Club	Hastings Aerobic	Monday & Friday	12:15pm-2:15pm
New York Club combined with Jewish Club (may be split later)	Meeting Room D	2nd Thursday	6pm-8pm
Polish American Social Club	Art Room	1st Thursday	6pm-10pm
Quilting Club	Craft Room	Every Wednesday	1pm-3:30pm
Rummikub Club	Main Card Room	Monday & Thursday	7pm-9:30pm
Russian-Ukraine American Club	Meeting Room A	4th Monday	4pm-7pm
Somerset Club	Somerset Pool	2nd Friday	5pm-8pm
Stratford Umbrella	Meeting Room D	1st Wednesday	1pm-3pm
UCO Delegate Assembly	Theater	1st Friday	9:30am-12pm

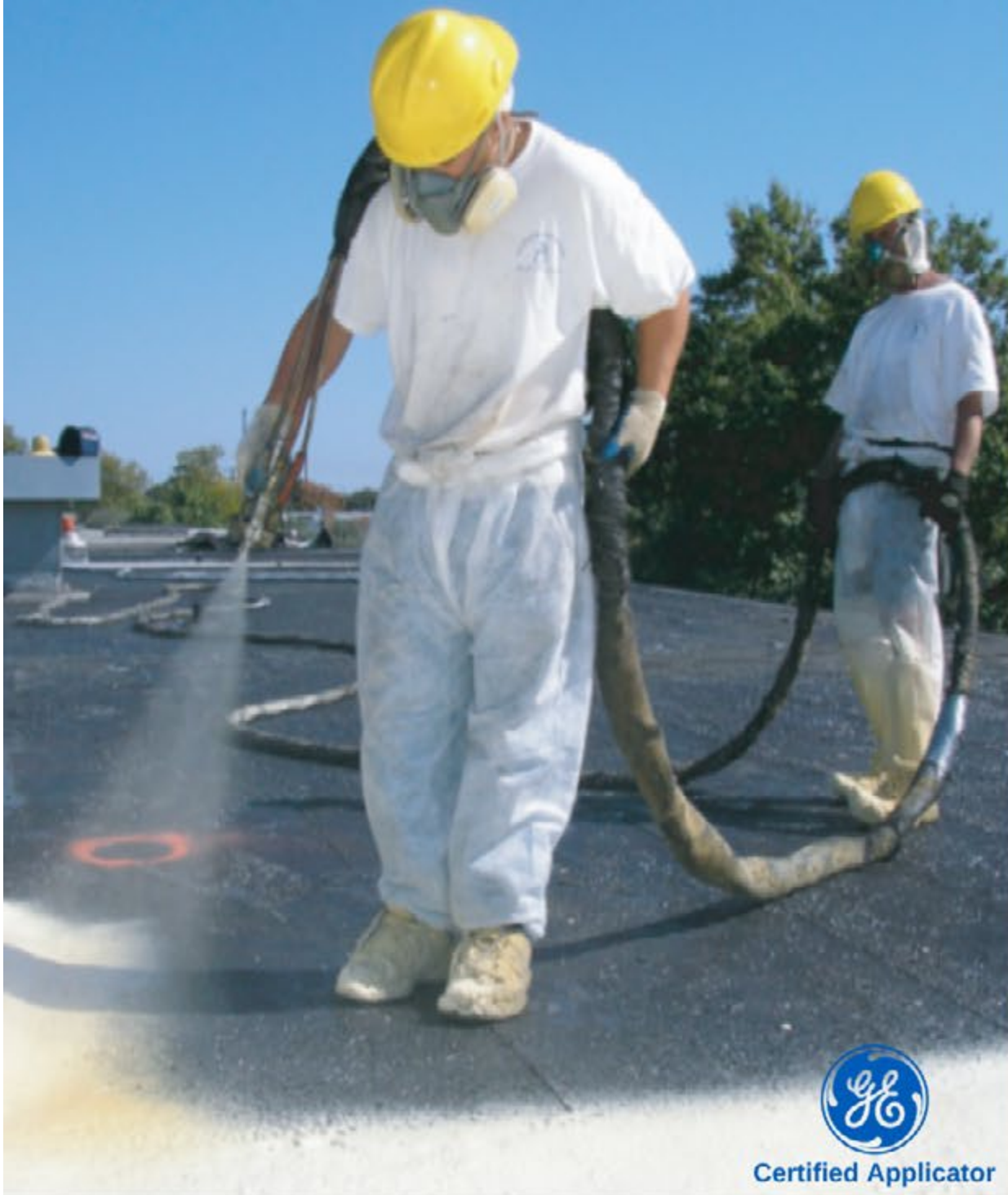
Note: Pickleball Court is always available to use. Please bring your own equipment.

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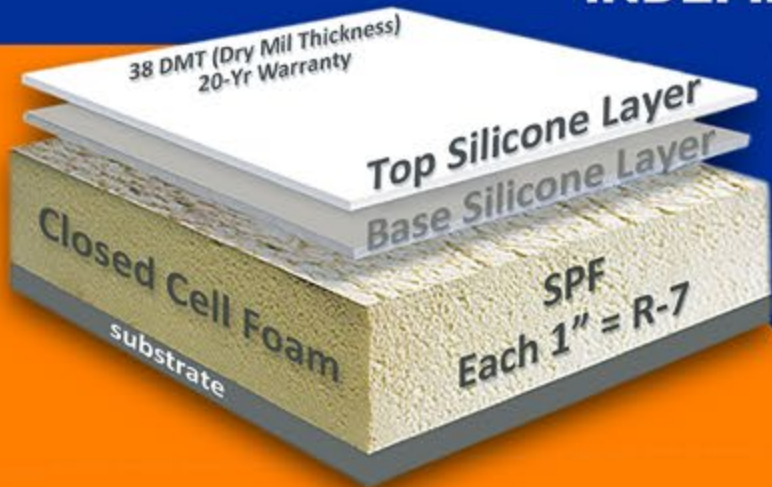
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REMINDER

A SPECIAL ELECTION FOR

UCO RECORDING SECRETARY 2024-2026

WILL BE HELD AT THE THE UCO DELEGATE ASSEMBLY

FRIDAY, MAY 3rd 8:00 A.M. - 9:30 A.M.

UCO BYLAWS - Article VIII

"Delegates shall elect the President, **Recording Secretary**, Corresponding Secretary and Treasurer by a plurality of the votes cast for each office."

"The **Recording Secretary** shall take and keep full minutes of all meetings of the Delegate Assembly, the Executive Board and the Officers Committee. He or she shall attend the meetings of those bodies and record all their acts, votes and statements of policy."

Delegates and alternates must be officially signed in by 9:30 a.m. in order to vote.

LIC & INS EC13003501



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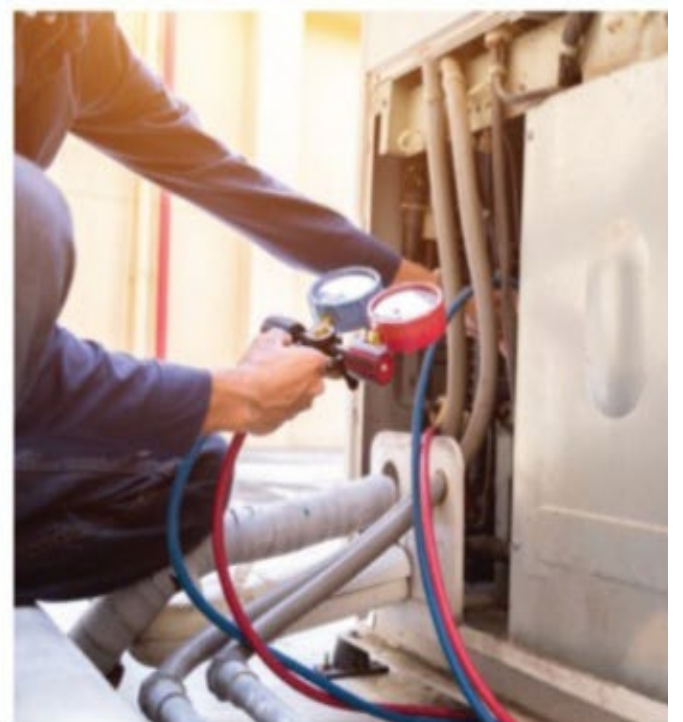
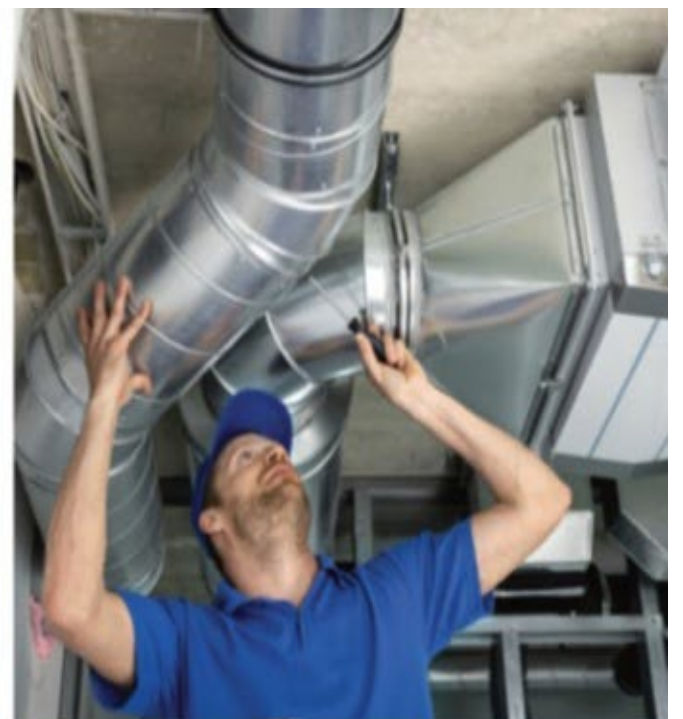
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SPECIAL ELECTIONS FOR RECORDING SECRETARY

Fill In Oval

May,3rd 2024 UCO Ballot

Do Not Fold

Fill In Oval

Do Not Fold

May 3rd 2024 UCO Ballot

Recording Secretary

Select one (1)

Jean Berman

Bobbi Levin

Kelly Janssen

Bob Rivera

If you exceed the **MAXIMUM** number of votes allowed in any category
YOUR BALLOT will be DISQUALIFIED

Do Not Fold

Recording Secretary

Robert C. Rivera
Bedford K
Running for: **Recording Secretary**



Education: Springfield Technical Community College, Springfield, MA

- North Penn High School/North Montco Area Vocational Technical School, Lansdale, PA
- Fiorello H. LaGuardia High School of Music and the Arts

Career/Employment:

- Burlington Graphics – Assistant Art Director
- Bernalillo County Detention Center – Corrections Officer
- Sandoval County Detention Center – Corrections Officer
- WWLP-TV22 Springfield, MA – Production Assist

UCO/CV Experience:

- UCO Corresponding Secretary 2021 - 2022
- UCO Recording Secretary 2019 - 2021
- Interim Corresponding Secretary, trained by and replacing Sandy Cooper when she left office 5 months early.
- President Bedford K

- Past President Camden B
- UCO Reporter – Graphic Artist, Ads. 3 ½ years

Military:

- Retired US NAVY – Operations Specialist/Hospital Corpsman/
- (undesignated) Illustrator Draftsman//US Army Field Artillery Radar Crewman
- Disabled American Veterans: Life Member, Post 42 Jr. Vice Commander,
- Chapter Service Officer
- American Legion
- Veterans of Foreign Wars, Life Member at Large
- West Palm Beach Elks Lodge 1352

CV resident/owner: 12+ years, residing a minimum of 9 months

Jean A. Berman | Northampton N
Running for: **Recording Secretary**



Education:

- BA in English from Simmons College, Boston, graduate course in Library Science from Simmons, training course in Microsoft Office suite, Bankers Edge training, WordPress course.

Career/Employment:

- Over 40 years of office work experience.

Volunteer Activity: New England Dog Training Club Treasurer, Front Desk, Chair Obedience trials, chief steward, board member; Proofreader/copy editor for mystery novelist Susan Conant. Treasurer, office manager, bylaws chair for Mass Bay Intergroup of Overeaters Anonymous. Co-chair Region 6 Convention 2014. Secretary OA90 Virtual Intergroup, bylaws chair, webmaster, workshop committee. Revere (Mass.) Society

for Cultural and Historic Preservation, Exec Board member (museum). Ran science fiction conventions, area head at Boston World SF Conventions for discussion group programs.

UCO/CV Experience:

- Alternate delegate for Northampton N (2022-present); assistant Treasurer /board member Northampton N (2022-present).
- Member CV Democratic Club.

CV resident: Full time resident owner since 2020.

Roberta "Bobbi" Levin | Somerset A
Running for: **Recording Secretary**



Education: B.S. Simmons College, Boston, Mass.

Career: Federation of Teachers - Nassau Community College

UCO/CV Experience:

- Somerset A Condo Board - 20 years
- Editor UCO Reporter - 1 year
- UCO Corresponding Secretary - 1 term
- UCO Social Events Committee - current
- UCO Transportation Committee – current

- UCO Operations Committee - current
- UCO Search/Nominations Committee - current
- UCO Executive Board - current

CV Resident : Residing in CV full-time since 2002

Kelly Janssen
Northampton A
Running for: **Recording Secretary**



Education:

- Information and Computing Science Bachelor's Degree
- Theological Competency Certificate
- Nursing Assistant Certificate

Career/Employment:

- Senior Manager, Georgia-Pacific
- Crew Leader, Wendy's Old-Fashioned Hamburgers
- Paper Carrier, Green Bay Press-Gazette

UCO/CV Experience:

- President of Board Synergy Club, July 2023-Present
- UCO Executive Board, 6/2023-Present
- Northampton A Board President & Delegate, December 2022-Present

Full-time Resident & CV Unit Owner May 2022-Present.

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SALES

GROUND FLOOR

1 BED / 1 BATH

COMING SOON Unfurnished. Ceramic tile.
TBD Renovated bathrooms.

2 BED / 1 BATH

LIST YOURS TODAY!

2 BED / 2 BATH

CHATHAM A UNDER CONTRACT -
\$148,000 Beautiful Water View. Tile
and new laminate flooring.
Central A/C.

1 BED / 1.5 BATH

GOLFS EDGE C Renovated open kitchen.
\$135,000 Washer/dryer in unit. Lease OK
after 24/mos.

2 BED / 1.5 BATH

COMING SOON Unfurnished. Ceramic tile.
TBD Renovated bathrooms.

COMING SOON Oversized 1st floor unit
TBD w/central a/c.

COMING SOON Ceramic tile, enclosed patio,
TBD lift, laundry on same floor.

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GROUND FLOOR CORNER

1 BED / 1 BATH

LIST YOURS TODAY!

1 BED / 1.5 BATH

COMING SOON Furnished. Garden view.
TBD Central air. Near pool.

2 BED / 1.5 - 2 BATH

LIST YOURS TODAY!

UPPER FLOOR

1 BED / 1 BATH

WINDSOR N UNDER CONTRACT - Clean
\$87,500 and well maintained. Carpet.
Tile in kitchen and bath. Lease
OK after 24/mos.

1 BED / 1.5 BATH

COMING SOON Inside corner, unfurnished,
TBD central air conditioning

CHATHAM K UNDER CONTRACT - New
\$77,000 carpet. Lease OK after 24/mos.

2 BED / (1.5 or 2) BATH

SOMERSET C PRICE REDUCED - Clean and
\$280,000 well maintained. Beautiful
water view! Open kitchen and
new flooring.

SCAN FOR SALES



RENTALS

GROUND FLOOR

1 BED / 1 BATH

COMING SOON Furnished. Garden view.
TBD Near pool.

GROUND FLOOR CORNER

1 BED / 1 BATH

LIST YOURS TODAY!

UPPER FLOOR

1 BED / 1 BATH

LIST YOURS TODAY!

1 BED / 1.5 BATH

COVENTRY C PENDING - Annual lease.
\$1,400 Furnished/ furniture
negotiable. Garden view.

1 BED / 1.5 BATH

COMING SOON Furnished. Garden view.
TBD Near pool.

1 BED / 1.5 BATH

SALISBURY F Absolutely charming!
\$1,300 Furnished, ceramic tile floor
and well taken care of!

2 BED / 1.5 - 2 BATH

LIST YOURS TODAY!

2 BED / 1.5 - 2 BATH

LIST YOURS TODAY!

2 BED / 1.5 - 2 BATH

WINDSOR K PRICE REDUCED - Central
\$1,695 A/C. Granite kitchen. 2 walk-
in showers.

UPPER FLOOR CORNER

1 BED / 1.5 BATH

WINDSOR N Fully furnished, turn key! Well
\$1,350 maintained and ready to move
in! Central A/C.

2 BED / 1.5 BATH

CAMBRIDGE F Inside corner unit. Central
\$1,450 A/C.

2 BED / 2 BATH

COMING SOON Ceramic Tile. Renovated
TBD bathrooms.

COVENTRY E PRICE REDUCED - All the
\$1,699 Upgrades and beautifully
furnished. Central A/C.

SHEFFIELD C Outside Corner Unit,
\$1,500 Furnished. Furniture
Negotiable.

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May 2nd, 2024 at 7:00PM

In Room C

ACTORS STUDIO

Presents

Friends and Lovers

Written by Mary French

Keys to a Murder

Written by Chuck Otterson

ARLEEN RUTH MANIFF

MARCH 29, 1939 – MARCH 30, 2024

IT IS WITH A HEAVY HEART THAT ARLEEN, WHO TAUGHT WATER AEROBIC CLASSES FOR MANY YEARS, HAS PASSED. ARLEEN HAD ENDLESS ENTHUSIASM AND A QUICK WIT. A FAVORITE MEMORY OF HER STUDENTS WAS ARLEEN ENDING HER FRIDAY CLASS WITH THE HOKEY POKEY. ARLEEN WAS KNOWN FOR HER GENEROUS NATURE AND A FUN, QUIRKY PERSONALITY WHICH DREW PEOPLE TO HER, RESULTING IN HER BECOMING A FRIEND TO MANY. PLEASE JOIN WPRF IN EXTENDING OUR SINCEREST SYMPATHIES TO HER FAMILY AND FRIENDS.



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EASTHAMPTON G

Sunfilled 1 bed 1 1/2 bath second floor unit with brand new vinyl floor and central air very close to the clubhouse. \$99,900

DORCHESTER E

UPDATED FURNISHED 2bed 1 1/2 corner ground floor. steps to the Dorchester pool short walk to Hastings fitness center.\$159,975

ANDOVER I

Light and bright 2nd floor 1 bed 1 1/2. Corner furnished central air. \$135,000

SALISBURY C

2/2 SECOND FLOOR CORNER steps to the Haverhill Gate. \$199,900

NORWICH E

1/1 1/2 lovely open concept furnished, updated kitchen and bathrooms.\$119,000

GOLFS EDGE B

AMAZING NEWLY RENOVATED 2 bed 2 bath ground floor. large OPEN kitchen, high end appliances, recessed lighting.\$319,000

CAMDEN F

TURNKEY ! TASTEFULLY FURNISHED 2 bed 1 1/2 bath. second floor corner with serene water view.\$169,999

GOLFS EDGE E

SECOND FLOOR UPDATED 2/2 new appliances furnished close to Clubhouse and Haverhill gate.\$200,000

BERKSHIRE B

UPDATED 1/1 PANORAMIC LAKE VIEW\$135,000

SALISBURY A

GROUND FLOOR 1bed 1 1/2 bath furnished updated kitchen steps to the Haverhill gate.\$109,000

WELLINGTON D

2/2 second floor enjoy the lake view furnished. hurricane impact windows, tiled throughout\$255,000

PLYMOUTH L

LIGHT & BRIGHT 2nd floor Corner furnished 1 bed 1 1/2 bath central air. wrap around porch, can be used for den/bedroom. \$129,900

GOLFS EDGE F

2ND FLOOR 2 bed 2 bath furnished central air steps to the clubhouse and Haverhill entrance\$169,000

CENTURY VILLAGE DEERFIELD BEACH

TILFORD S. move right into this sun filled 2 bed 1 /1 1/2 bath, end corner unit.\$169,000

GOLFS EDGE F

2ND FLOOR CORNER furnished 2/2 , hurricane shutters central air close to Golfs Edge pool.\$199,900

DORCHESTER J

Second floor 2 bed 1 1/2 bath updated\$169,900

EASTHAMPTON F

Updated corner 2 bed 2 bath short walk to Haverhill Gate. \$219,000

OXFORD 600

LARGE 2/2 UPDATED GROUND FLOOR CORNER short walk to Hastings Fitness Center.\$215,000

March Sales

105 CHATHAM E	2/1 1/2	SOLD	\$190,000
25 COVENTRY B	2/2	SOLD	\$200,000
218 CAMDEN I	1/1 1/2	SOLD	\$90,000
417 DOVER A	1/1 1/2	PENDING	\$189,000
194 CHATHAM J	1/1 1/2	SOLD	\$95,000

118 CHATHAM E	2/1 1/2	SOLD	\$169,000
209 GREENBRIER C	2/2	SOLD	\$200,000
355 WINDSOR P	1/1 1/2	SOLD	\$127,500
108 BEDFORD E	2/1 1/2	PENDING	\$210,000
90 COVENTRY D	2/1	PENDING	\$77,000

Recent Sales

29 CHATHAM B	1/1 1/2	SOLD	\$138,000
426 WELLINGTON G	2/2	SOLD	\$218,000
360 WELLINGTON J	2/2	SOLD	\$320,000
428 WINDSOR S	1/1 1/2	SOLD	\$115,000
409 GREENBRIER A	2/2	SOLD	\$205,000
104 WELLINGTON B	1/2	SOLD	\$162,000
244 SHEFFIELD J	2/1 1/2	SOLD	\$137,500

3 GOLFS EDGE B	2/2	SOLD	\$200,000
116 SHEFFIELD E	1/ 1 1/2	SOLD	\$72,500
393 SHEFFIELD P	2/1 1/2	SOLD	\$118,000
14 COVENTRY A	1 /1 1/2	SOLD	\$102,000
47 SOMERSET C	2/2	SOLD	\$300,000
111 OXFORD 200	2/2	SOLD	\$159,000
44 STRATFORD D	2/2	SOLD	\$215,000

Susan turns “LISTED” into “SOLD”





Florida Licensing on Wheels mobile offices brings motorists services directly to the customer. FLOW mobiles offer the following services:

- First time license (\$48.00)
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- Renewals (\$48.00 for Class E; fees vary for CDL)
- Replacements for lost or stolen license (\$25.00)
- Address/name changes (\$25.00)
- ID Cards (\$25.00)
- No FEE Poverty Letter.
- Reinstatements (Fees vary)
- Emergency Contact Information Registration (Free)
- Vehicle Registration Renewals (Fees vary)
- Disabled Parking Placard Issuance and Renewals (Permanent-Free; Temporary-\$15.00)

For your convenience, the FLOW Units accepts the following methods of payment: Cash, Checks and Credit Cards.



PLACE: CENTURY VILLAGE CLUBHOUSE

DATE/TIME: FRIDAY, MAY 3RD, 9:00AM TO 12:00PM



BY RUTH BERNHARD-DREISS

May is known as a month of transition. If you live in the northern hemisphere, the fresh cold winds are gone, as are the rains of early spring. By the time May comes around, the spring flowers are blooming, birds are chirping, and life is starting to seem a little more joyful day by day!

If you're on the other side of the world, in the southern hemisphere, then it's a time when summer is long gone. The fall winds have swept by, and the nights are getting colder and darker. It's a time of change, yet still delightfully warm. Again, May is a time of change, no matter where in the world you are.

What is it about May that's so significant though? Let's take a look at this a-may-zing month!

Mother's Day comes in May and this year it will be celebrated on

May 12th. Armed Forces Day comes on May 18th, when we celebrate the military and Memorial Day will be on May 27th.

The birthstone for May is the Emerald; the flower is the Lily of the Valley and the zodiac signs are Taurus and Gemini.

Notables born in May are JFK, the 35th president of the US; Salvador Dali, famous surrealist; Florence Nightingale, founder of modern nursing; Orson Welles, outspoken actor; Sally Ride, the first woman in space in 1983 and Bob Hope, comedian. As he was dying in 2003, his wife Dolores asked where he'd like to be buried. In reply, he uttered his last words: "Surprise me." This just names a few of the notables who celebrated birthdays in May.

LUNCH WITH LENORE

BY LENORE VELCOFF

**TOO-JAYS
PALM BEACH OUTLET MALL
PALM BEACH LAKES BLVD.**



Though loaded with cholesterol, if you want a taste of an old New York style deli, try this spot. When my family was here, I wanted to relive the past, and since I do not cook any more, I ordered food from this restaurant and picked it up the morning before the dinner. PRICEY! But worth it. Since I do not keep kosher, this food was perfect.

I served on my good china, with my good silverware and glasses. Real cloth napkins. But not kosher wine. For those who wanted, I had a cabernet. Very few imbibed, but for those who did, I used my crystal glassware.

We started with my favorite, chopped liver (sautéed liver and onions, added hard-boiled eggs, salt and pepper, and grinding the mixture - the liver used is generally beef or chicken). Even the three family members who are not Jewish had some of that, but not my one year old great-granddaughter.

The next course - served in soup

bowls, not cups - was matzo ball soup. This is traditional chicken soup with matzo balls (a mixture of matzo flour, beaten eggs, water, and a fat, such as oil, boiled). They are something like dumplings, only fluffier.

Then on to the main courses. Yes, two choices and most had both - brisket of beef and stuffed cabbage (consisting of cooked cabbage leaves wrapped around a filling of chopped beef and rice, and cooked in a sweet and sour tomato sauce). Along with that we had potato pancakes and untraditional broccoli.

Most could only force themselves to dessert - rugelach (a triangle of dough wrapped around a filling of raisins and walnuts and either cinnamon, chocolate or poppy seed). These were miniature, but



even so, after all that food, we all practically rolled away from the table, ready to go to sleep -- after all

those Increases in glucose and fat concentrations, but happy..

Newcomer Meeting 2024

BY BOBBI LEVIN (PHOTOS BY DIANNA LAROSEE & DONALD FOSTER)

A large number of Century Village residents attended the Newcomers Meeting in the Clubhouse on April 9th.

My opening remarks included the following hard-to-believe revelation: I have been coming to Century Village for more than 50 years. In 1973, I often visited my folks who spent many wonderful years living in Kent C. We were all mesmerized by the palm trees, the sparkling pools, the enormous Clubhouse and the Broadway shows.

In 2001, I purchased a unit in Somerset A. Like many new residents who move from a private residence into a condo, I often found adjusting to rules and regulations was difficult. But, as the years passed, I have come to appreciate and understand that Association By-Laws and Village-wide rules benefit all residents. We have chosen to live in a communal development and we must cooperate in order to solve the community's problems.

CV was a small town in 1973 and in 2024, CV is a thriving big town. It is still managed primarily by unpaid UCO volunteers and WPRF employees who are committed to maintaining the benefits and lifestyle that brought each of us to Century Village.

Everyone in the room listened

intently to remarks made by UCO President Fausto Fabbro, UCO Vice Presidents Gerry Sutofsky and Stew Richland, UCO Treasurer JoAnne Robinson, UCO Corresponding Secretary David Boas, UCO Reporter Editor Ruth Dreiss, WPRF VP Eva Rachesky, and LCAM Donald Foster. They gave an overview of the particular area each is responsible for. New FL residents and new PB County residents were reminded to register to vote a/s/a/p, and Vote-By-Mail request forms were distributed.

All attendees were given an updated "Welcome to Century Village" file folder containing the UCO By-Laws

and informational brochures from both WPRF and UCO. These documents are filled with accurate information on important items such as our internal bus system, CERT, gate passes, bar codes, trash disposal, and County phone numbers.

Any new resident or renter who was unable to attend the April meeting is urged to stop at the UCO Office

or the ID Office in the Main Clubhouse to pick up a copy of this folder. The material included will make your life in Century Village easier and more pleasurable.

We live in a truly wonderful place. Following the rules will keep Century Village a community we are proud to call our home.



Obituaries

March 2024



<p>משה בן שמעון Moshe Sayag 1937-2024 3.16.24 ו' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>שרה רבקה בת אהרון ראוונ Cheryl Orloff 1954-2024 3.19.24 ט' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>הורשל בן מקס Harold Leighton 1932-2024 3.19.24 ט' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>מלכה רבקה בת אברהם Ruth Beck 1931-2024 3.19.24 ט' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>גדליה מנחם בן בנימין הלוי Jeffrey Feldman 1968-2024 3.20.24 י' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>זעליג בן אברהם הכהן Sanford Cohen 1935-2024 3.22.24 י"ב אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>מיכל בת נתן Maxine Shapiro 1943-2024 3.12.24 ב' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>יוסף בנימין בן יהודה Joseph Zilonka 1998-2024 3.12.24 ב' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>
<p>שמעון מתתיהו בן יעקב יצחק Matys Gilbert 1942-2024 3.22.24 י"ג אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>נתנאל זאב בן הרב בן ציון Nathaniel Saloff 1990-2024 3.23.24 י"ג אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>צבי יוסף בן שמואל בנימין Zvi Weinreb 1952-2024 3.24.24 י"ד אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>רות בת חיים הכהן Ruth Cahn-Knopf 1937-2024 3.25.24 ט"ז אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>דן בן כרמלה ומשה Danny Katzourin 1950-2024 3.26.24 ט"ז אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>משה בן אברהם Moisey Khaitman 1932-2024 3.28.24 י"ח אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>הלן בת דוד Helen Cohen 1979-2024 3.30.24 כ' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	
<p>בינה בת קלמן Bina Loewinger 1956-2024 3.12.24 ב' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>לאה בת אברהם נתן Vera Reichenbach 1946-2024 3.11.24 א' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>חיה בת שמואל Claire Zexon 1927-2024 3.1.24 כ"ב אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>הערשעל בן בנימין Jerry Gill 1942-2024 3.6.24 כ"ג אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>מרדכי בן פישל Michael Gross 1957-2024 3.3.24 כ"ג אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>משה חיים בן יעקב Maurice Strahlberg 1941-2024 3.4.24 כ"ד אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>מרים בת אברהם Marley Leszkowicz 1960-2024 3.30.24 כ' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>חיים רפאל בן גרשון Howard Rotterdam 1948-2024 3.30.24 כ' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>
<p>Vladimir Azbel 1955-2024 3.5.24 כ"ה אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>Barbara Johnson 1945-2024 3.6.24 כ"ז אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>פסח בן אהרון Paul Ezersky 1935-2024 3.7.24 כ"ז אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>אברהם שלמה בן גרשון Avrohm Perl 1953-2024 3.7.24 כ"ז אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>Danna Munits 1985-2024 3.9.24 כ"ט אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>דברה בת שמואל Debra Henry 1956-2024 3.4.24 כ"ד אדר א' תשפ"ד ת.נ.צ.ב.ה.</p>	<p>ליב הערש בן יעקב הלוי Laurence Edelson 1944-2024 3.30.24 כ' אדר ב' תשפ"ד ת.נ.צ.ב.ה.</p>	

Call Neshama Today

תגידל ויתקדש שמה רבא

On March 21, The Century Village United Democratic Club hosted candidates Rachelle Litt (FL State House District 94) and Tom Witkop (US House District 21). They are the only 2 Democrats running for these seats which represent all of Century Village, WPB. The Democratic Club meets every 3rd Thursday of each month (except July and August) in Meeting Room C at the CV clubhouse. For more information, contact President, Les Rivkin at les_rivkin@yahoo.com. Below are photos from the event:



CV Democratic Club listens to Rachelle Litt



CV Democratic Club listens to Tom Witkop



CV Democratic Club Rachelle Litt with Les Rivkin, Pres. and Sadie LaRay, Sec.



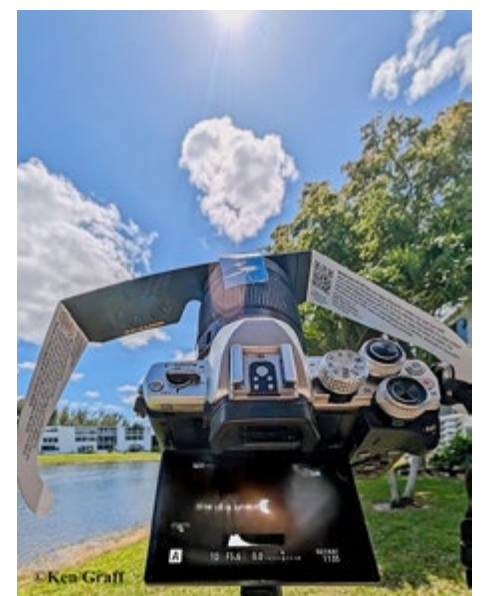
CV Democratic Club Tom Witkop with Pres. Les Rivkin



© Ken Graff



©Ken Graff



Eclipse Photos

BY KEN GRAFF

I took these pictures of the eclipse. Picture #3 shows my camera setup with eclipse glasses in front of the lens. The result is picture #2. Picture #1 is without the glasses in front of the lens, that's why you can see the clouds. Pictures 4 and 5 were taken during the 2017 total solar eclipse. I drove to South Carolina. My grandkids were going to Clemson which was in the path of totality.



© Ken Graff



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Murphy's Other Laws

1. Light travels faster than sound. This is why some people appear bright until you hear them speak.
2. A fine is a tax for doing wrong. A tax is a fine for doing well.
- 3 He who laughs last, thinks slowest.
4. A day without sunshine is like, well, night.
5. Change is inevitable, except from a vending machine.
6. Those who live by the sword get shot by those who don't.
8. The 50-50-90 rule: Anytime you have a 50-50 chance of getting something right, there's a 90% probability you'll get it wrong.
9. It is said that if you line up all the cars in the world end-to-end, someone from Florida would be stupid enough to try to pass them.
10. If the shoe fits, get another one just like it.
11. The things that come to those who wait, may be the things left by those who got there first.
12. Give a man a fish and he will eat for a day. Teach a man to fish and he will sit in a boat all day drinking beer.
13. Flashlight: A case for holding dead batteries.
14. God gave you toes as a device for finding furniture in the dark.
15. When you go into court, you are putting yourself in the hands of twelve people, who weren't smart enough to get out of jury duty.



Letters to the Editor

UCO's new Recording Secretary, David Boas, is an extraordinary man whose steadfast work ethic knows no bounds. David "shows up."

When asked to serve as either a quadrant Vice President, an Association Board member, a Volunteer for multiple committees, along with being a Notary at UCO, and the narrator of this year's off Broadway show, well the list of David's achievements are endless.

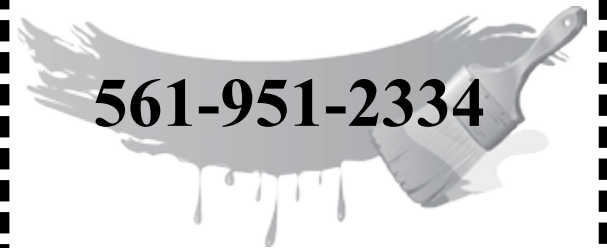
He delivers his time, expertise, and compassionate nature to serving the residents of Century Village by maintaining an ethical standard in all his current responsibilities and past endeavors.

Definitely, David Boas's super power should not go unnoticed. His unassuming dedication and clear decision making are honorable traits of a true champion. Thank you David for always being a genuine team player.

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Sports

BY DAVID BOAS

It's back! Opening Day or OPENING DAY, whichever you prefer. Of course, I'm talking about baseball. Now for me, the real Opening Day is the first home game in St Louis. Just watching the world famous Budweiser Clydesdale Horses take their trot around the stadium is always a great thrill. I guess by now you know I am a St Louis Cardinals fan.

Willie Mays was the greatest baseball player I have ever seen. I can't imagine in today's market what type of salary he would command, but it would be WOOOEEEE! My favorite baseball player is Stan

Musial. I told you I'm a Cardinals fan. What former superstar baseball player also holds the national high school record for most return touchdowns in a single game?

The NCAA Basketball Championship for both the Women's and the Men's have been very exciting. The selection committees did a really good job this year. I always enjoy a "Cinderella Story" in the tournament. Unless of course, they knock out the team I'm rooting for. The Women's Final Four featured four really good teams with South Carolina being the eventual winner in a very well

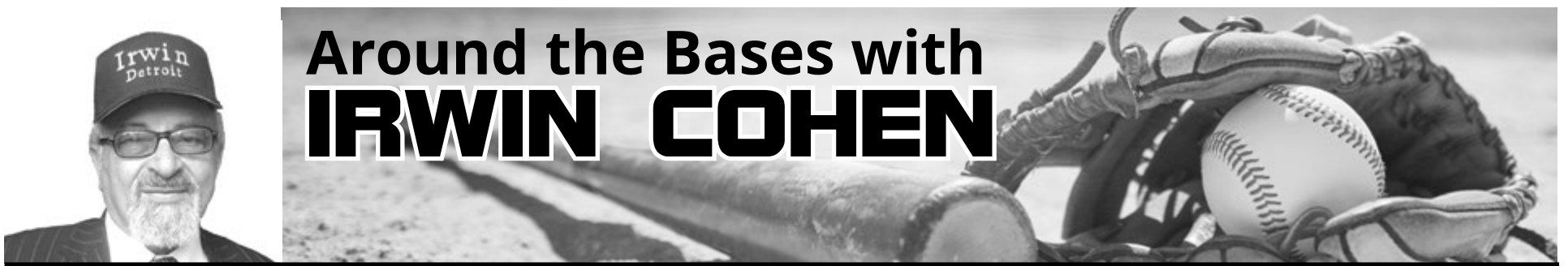
played game. The Men's Final Four had one semi "Cinderella" North Carolina State, who I was rooting for, but they went no further. The Men's Championship game was a great game. Well played, well coached, well officiated. Connecticut deserved the title. Which NBA player who changed the game, never fouled out of an NBA game?

Nobody asked me but, I get tired of reading all the coverage that is given to College Football at this time of the year. I remember the sports editor at the Lancaster Newspaper, was such a Penn State

football fan, that a story about them was on the front page. By the way, the World Series coverage was on an inside page! Really, UGH! The absolute worst case of sportsmanship that I saw in person was at a HIGH SCHOOL wrestling match. This coach was so irate over the officiating that he instructed his team to walk off the mat. That was classless.

The answer to the first question is Roger Maris. Answer to question number two is Wilt Chamberlain.

Until next time, stay well and please be polite!



Around the Bases with IRWIN COHEN

Irwin Cohen will be on hiatus for the summer and will not submit his columns for the next several months.. We hope to have him back next season.

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Gary J. Drucker

Century Village Class Schedule

MAY 2024

May Classes go on sale Monday, April 15

June Classes go on sale Monday, May 20

MONDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
CREATIVE CANVAS BEGINNER - ACRYLICS							
	05/13/24	6 to 8:30 pm	\$40	3	Art Room	smock	Benita Tucker
CLASS RUNS MAY 13, 20 & JUNE 3 Create 3 different paintings of whimsical birds in a relaxed atmosphere. Teacher will supply acrylic paints and an 8 x 8 canvas with a pre-drawn pattern for each painting. <u>Bring a smock to protect your clothes.</u> No Experience Needed! <u>Class Dependent on Minimum Class Size</u>							

TUESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
C.V. SENIOR'S ENLIGHTENMENT GROUP							
<u>NEW!!</u>	04/09/24	7 pm to 8 pm	free		Class Room B		Avraham Elliott
class has 10 sessions Description: This curriculum provides a structured approach to address various aspects of seniors' well-being fostering a supportive and educational environment within the group. Space is limited for this class. <u>Class dependent on minimum class size.</u>							

WEDNESDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
LINE DANCE REVIEW							
<u>FREE CLASS!</u>							
No Sign-ups Needed	9:30 to 11:30	FREE			Party Room		Janine Fitzgerald
Description: Review and learn the dances you'll enjoy at the Friday Night Dances. No Sign-up needed, just walk right in prepared to have fun!							
PRACTICAL SPANISH BEGINNER/INTERMEDIATE							
	05/01/24	10:15 to 11:15	\$60	5	Class Room B	***	Beverly Dolgin
Take lessons in Situational Spanish. <u>Class dependent on minimum class size.</u> *** bring pen and notepad							
ESL - ENGLISH AS 2ND LANGUAGE BEG/INT							
	05/01/24	11:30 to 12:30	\$60	5	Class Room B	***	Beverly Dolgin
Learn English as your second language. <u>Class dependent on minimum class size.</u> *** bring pen and notepad							
BALLROOM DANCE BEGINNER							
	05/01/24	4 to 5 pm	\$35	4	Hastings Aerobic		Natalia Bragarnik
THIS CLASS TAKES PLACE IN HASTINGS AEROBIC ROOM ** See 3rd page for proper footwear Learn Ballroom & Latin Dances with a Professional Dancer/Teacher. Includes: Waltz, Swing, Fox-Trot, Tango, Salsa, Merengue, Cha-Cha-Cha, Rumba, Quick-Step & Samba!							

BALLROOM DANCE INTERMEDIATE

classes run 5/1 thru 5/22

05/01/24 5 to 6 pm \$35 4 Hastings Aerobic Natalia Bragarnik

THIS CLASS TAKES PLACE IN HASTINGS AEROBIC ROOM ** See 3rd page for proper footwear

Learn Ballroom & Latin Dances with a Professional Dancer/Teacher. Includes: Waltz, Swing, Fox-Trot, Tango, Salsa, Merengue, Cha-Cha-Cha, Rumba, Quick-Step & Samba!

THURSDAY CLASSES

Course Name	Start Date	Time	Cost	# Weeks	Room	Materials	Instructor
PRACTICAL FRENCH BEGINNER/INTERMEDIATE							
	05/02/24	11 am to 12 pm	\$60	5	Class Room A	***	Beverly Dolgin
Take lessons in Situational French. Class dependent on minimum class size. *** bring pen and notepad							

173

THESE CLASSES ARE TAKING A BREAK

STAINED GLASS BEGINNERS

THIS CLASS WILL RESUME IN THE FALL

CANASTA # 1 (beginners)

THIS CLASS IS ON HIATUS

ATTENTION DANCE STUDENTS ATTENDING CLASSES IN THE HASTINGS AEROBIC ROOM

This Footwear Allowed in Hastings Aerobic Room:
Sneakers, Socks, Suede Soled Dance Shoes Without Heels, or Barefoot
(not ideal) -- No Other Type of Shoe Allowed

If you are interested in teaching a class come into the Ticket Office Monday thru Friday, 9 to 12 and 1 to 4 to see Melissa at the Class Office Desk.

CLASS REGISTRATION INFORMATION

CLASSES ARE FOR RESIDENTS ONLY

Register Prior to the Start of the First Class

Register for Classes Mon to Fri, 9:00 to 12:00 & 1:00 to 4:00 in the Class Office, located in the Ticket Office

PAYMENTS by CASH or CHECK (Make Checks out to WPRF, Inc)

\$25.00 service charge on all returned checks

No Refunds after first class unless class is cancelled

No New Registrations after the end of the 1st Class

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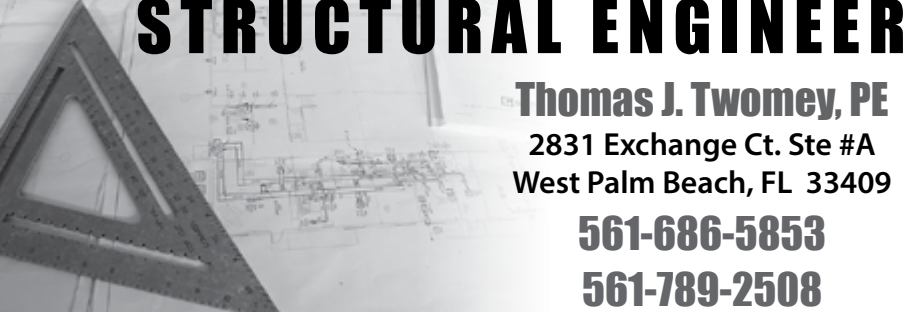
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This is a do's and don'ts "influenza prevention" list from the 1918 Spanish Flu, with extremely similar guidelines to the COVID-19 pandemic:



Do's and Don't's for Influenza Prevention.
 (Douglas Island News)

Wear a mask.
 Live a clean, healthy life.
 Keep the pores open—that is bathe frequently.
 Wash your hands before each meal.
 Keep warm.
 Get plenty of sleep.
 Gargle frequently (and always after having been out) with a solution of salt in water. (Half teaspoon of salt to one glass—eight ounces—of water).
 Report early symptoms to the doctor at once.
 Respect the quarantine regulations.
 Avoid crowds. You can get the influenza only by being near some one who is infected.
 Avoid persons who sneeze or cough.
 Do not neglect your mask.
 Do not disregard the advice of a specialist just because you do not understand.
 Do not disregard the rights of a community—obey cheerfully the rules issued by the authorities.
 Do not think you are entitled to special privileges.
 Do not go near other people if you have a cold or fever—you may expose them to the influenza and death. See the doctor.
 Do not think it is impossible for you to get or transmit influenza.
 Keep your hands out of your mouth.
 Do not cough or sneeze in the open.
 Do not use a public towel or drinking cup.
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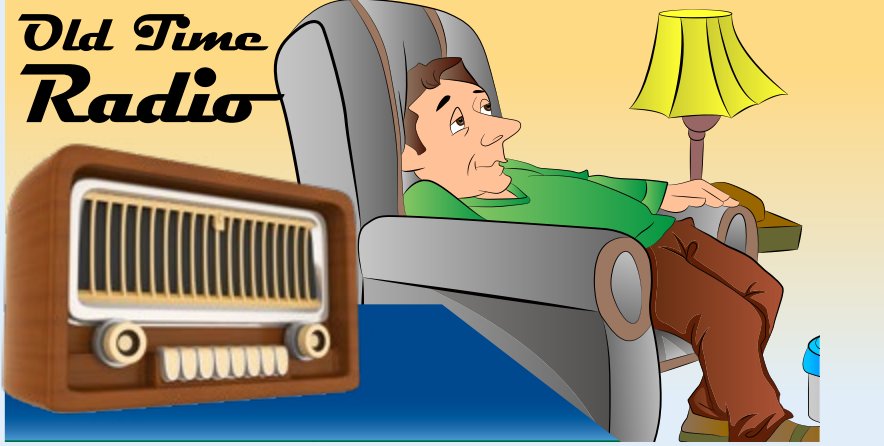
HASTINGS FITNESS CENTER CLASS SCHEDULE AS OF: JANUARY 2024

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY		STRENGTH & BALANCE 8:30 - 9:15AM BY: GAILY			
WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY		WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY	CHAIR AEROBICS 9:30 - 10:15AM BY: GAILY		WATER AEROBICS 8:00 - 9:00AM 9:00 - 10:00AM AT GUEST POOL BY: DOLLY	
WATER AEROBICS 10:00 - 11:00AM TEMPORARILY CANCELLED	YOGA 11:00 - 12:00PM BY: SARA	STRETCHING 11:00 - 12:00PM BY: SARA		WATER AEROBICS 10:00 - 11:00AM TEMPORARILY CANCELLED	YOGA 11:00 - 12:00PM BY: SARA	STRETCHING 11:00 - 12:00PM BY: SARA		WATER AEROBICS 10:00 - 11:00AM TEMPORARILY CANCELLED	YOGA 10:00 - 11:00AM BY: SARA
				ADAPTIVE/PROP YOGA 7:00-8:15 PM BY: MARION LAST CLASS: MAY 1ST					

NO ADMITTANCE AFTER CLASS STARTS - DOORS WILL BE LOCKED - COME TO CLASS EARLY

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“Hen – Reeceeeeey! HEN – REEEY – ALD – rich!!! – “COM – ming Mother “

BY STEW RICHLAND

Nostalgia is about remembering the good times and perhaps even longing for the past. Nostalgia is generational. There is a warm fuzzy that fills your heart when you pick up an old photo album from your youth or hear a song that triggers a flood of memories that get you connected to your past. Nostalgia is all about reminiscing about those treasured memories. There is a moment when nostalgia hits you in the face and makes you realize your age. How often have you uttered, “When I was a kid,” and a memory puts a smile on your face.

The purpose of my column is to put a smile on your face. There is no doubt that nostalgia adds sweetness to memories. My dilemma is to select from the many thousands of old time radio shows for a program that will bring you back to a moment in time that you can look back fondly on as a gift that wraps around your heart like a familiar friend.

The Aldrich family is one of

those great and timeless old time radio sitcoms that make you laugh every time you listen to it. The Aldrich Family was a teenage sitcom that featured “America’s favorite teenager” Henry Aldrich. Time magazine noted in the 1930s that the chief amusement centers around Henry Aldrich, who attends classes mainly in the principal’s office. With a talent for head-on collisions, always ingenious, never crafty, always there with an answer, never with the right one, brash, bouncing, rumped, rattled, rueful by urns. Henry grows into that rare thing in the show -a person.”

The Aldrich family lived at 117 Elm Street in Centerville, USA (state unknown). Henry and his friend Homer attended Central High School with an assortment of other friends. Henry’s father Sam is a lawyer and his mother Alice is a homemaker. His older sister Mary is mentioned to be away at college in some episodes, and lives at home with the family

in others. Also living in Centerville is Mrs. Aldrich’s sister, Henry and Mary’s aunt Harriet. Henry has had a variety of pets, including dogs named Smoothie and Tauser, pigeons and rabbits which he was raising in his attic, but no pet was mentioned regularly throughout the series.

Ezra Stone played the title role of Henry until 1942 when he left the show to enter the Army. Stone returned to the show in 1945, but in 1952 he outgrew the part and was replaced by Bobby Ellis who was the last actor to play Henry.

The Aldrich Family set the pattern for the entire genre of Family Sitcoms to come. A middle-class family, Henry’s sister would often steal attention away from her younger sibling. Henry and his best friend, Homer Brown, were at the age when they realized that there was a difference between boys and girls and nearly old enough to know why that is a wonderful thing. Their home was the family’s castle, but they couldn’t always keep Home



The cast, including Kate Smith

from storming the gates. Alice was played by Agnes Moorehead when the series debuted.

The show was a top ratings hit right from the beginning and was as popular as the Jack Benny and Bob Hope shows.

All of the Aldrich family shows can be found on any Old Time Radio site. I strongly encourage my readers to tap into their nostalgia gene and listen to this family sitcom. A dose of the past is great medicine for us older folks.

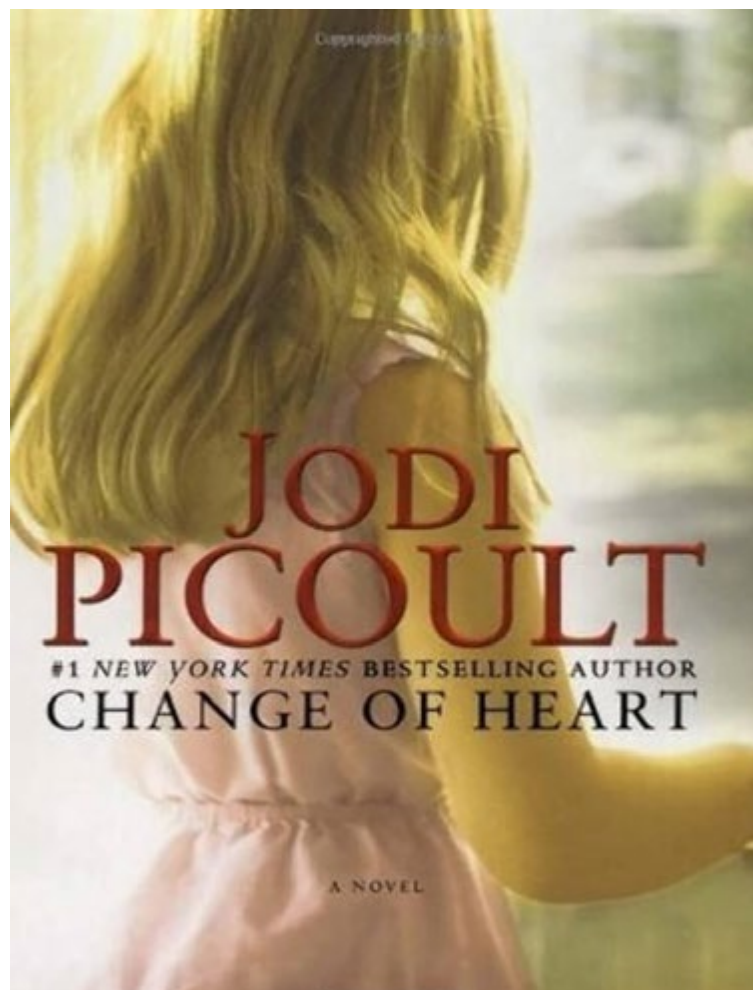
Change of Heart by Jodi Picoult

Do you believe in miracles? Either way, read this book. I have to say that it was not what I really expected. It encompasses the following topics - the death penalty, guilt, forgiveness, religion, right and wrong, parent/child relationships, the legal world, the medical world and life in prison. Picoult presents such a wide range of takes on religion, from Catholicism to Judaism to Christianity to Gnosticism.

The book is told from the perspective of four characters: June, Michael, Lucius and Maggie. June is a mother whose 7 year old daughter and husband are killed and the man who was convicted of their murders is now on death row. He wants to donate his heart to the mother’s only living child who needs a transplant to save her life. How can she forgive the person who killed her husband and daughter? Michael is a priest who is the spiritual advisor to the man on death row. But after meeting Shay, the

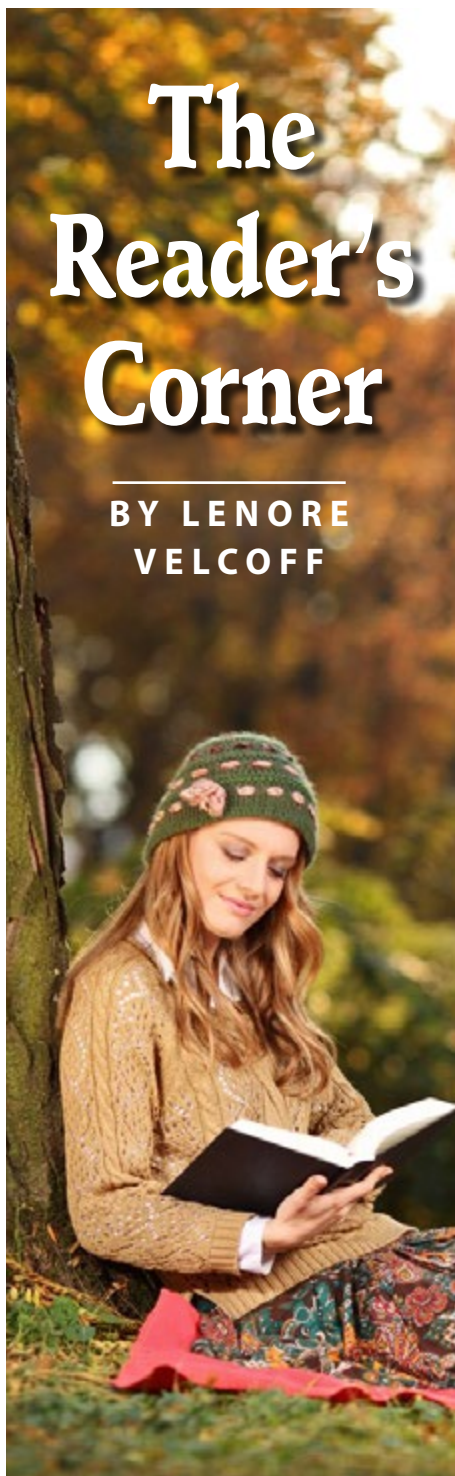
convicted murderer, he is forced to ask himself questions that cannot be answered. Lucius is a prisoner in the state prison in Concord. He has HIV and he is in the cell adjacent to Shay. He believes in Shay. His is a side story which is used to prove a point. Maggie is an ACLU attorney who is trying to help the killer in his strange quest.

I thought it would be more of a “woman’s” read, with lots of emotions and not the prison/legal/faith drama that it turned out to be. There are a lot of religious elements in this book that kind of rubbed me the wrong way, but it is just a fictional story. Picoult enthralls everyone with her captivating writing of redemption, justice and love. The twists and turns in the plot line were surprising and well-done. Per usual with Picoult, there is no shortage of hot-button social issues in this book. A thought provoking page turner of a read.



The Reader’s Corner

BY LENORE VELCOFF



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Why is Plant-based Eating Controversial?

BY MELANIE HOFFMANN
CERTIFIED PLANT-BASED NUTRITION SPECIALIST

I recently came across an article highlighting the top controversial food topics. Without even reading it, I knew that eating plant-based was going to be included. And it was. So, it begs to ask – why is plant-based eating controversial?

As a Certified Plant-based Nutrition Specialist and vegan, I am always surprised that eating plant-based is still so polarizing. Even with all of the research studies and scientific data that is available today, there is still hesitation to admit that eating a diet that is made up of mostly plants is the best diet for health, for the environment and, of course, for animals.

Benefits of Eating Plant-based

We know that plant-based diets help to prevent and manage diabetes. It can also manage blood pressure and lower bad cholesterol levels. Eating a diet that is rich in fiber (which most people do not eat enough of) is paramount to establishing healthy digestive function and a flourishing gut microbiome. And a flourishing gut microbiome is key to improved health overall.

There are also anti-inflammatory benefits to eating more plants and reducing animal products in our diets. Eating plant-based reduces the carbon emissions released into the atmosphere and uses a fraction of the water it takes to raise animals for consumption. Rainforests would stay intact and thrive with the reduction of animal agriculture. We would reduce exposure to deadly pathogens such as salmonella and E. Coli.

Debunking the “Cons”

The biggest argument against plant-based diets

is the concern around nutrients. Mainly around protein, calcium, and B-12. I've talked about protein before. We live in a society that seems to be obsessed with protein and believes that we need to get a ton of it in order to be healthy. The reality is that a protein deficiency is actually rare, and the average person gets more than enough protein to function. Even those of us on a plant-based diet. Tofu, soybeans, peas, beans, lentils, and quinoa are excellent sources and when all are included, can provide the complete proteins we need.

Same goes for calcium. We've been told that we need dairy to get the calcium we need when in fact, there are many plant-based calcium sources. Beans, leafy greens, broccoli, chia seeds and sesame seeds are just a few. There are many nut milks that are fortified with calcium available as well. Plus, you eliminate the exposure to hormones and antibiotics that come with consuming animal dairy products.

As for B-12, this is a vitamin that comes from bacteria. It is the only vitamin that is not plant-derived. It's often misunderstood that this vitamin comes from animals, however it's not a vitamin that animals actually produce. Animals obtain these bacteria, most commonly from soil and the feed they eat. Which then transfers to their meat. Most people get more than enough B-12, however if someone is plant-based it is important to keep an eye on levels and supplement. It is also assumed that eating plant-based is expensive, however some of the cheapest pantry staples such as rice, beans and pasta are plant-based. Plus, frozen or canned fruits and veggies make inexpensive additions to any meal.

What about ultra-processed foods?

Another hot button in the plant-based food world are meat alternatives, and other processed foods. Many argue that eating plant-based does not automatically mean eating “healthy”, since there are many processed foods and “junk” foods out there that happen to be vegan. I couldn't agree more with this. A plant-based diet could include meat substitutes and ultra processed foods. Just like any other diet. And in my opinion, that's ok. We need to stop labeling foods “good” or “bad”, “healthy” and “unhealthy”, and realize that any food can fit when well-balanced. What we do most of the time is what's important. And we need to do what's right for ourselves, whatever that looks like, so that we can be the best, most healthy version we can be.

There are also some great meat alternative products out there that are made from veggies, such as jack fruit and mushrooms. These products make a great alternative to those made with soy or pea proteins. Again, it's all about what works best for you.

Plant-based eating is here to stay.

I have no doubt that the controversy will remain, but word of the benefits of eating plant-based are spreading. There are more choices to choose from, more recipes, more information and studies. That will always be my goal for this blog – to spread the word on eating and living plant-based. And even if I reach just one person who makes a change, it's all worth it.

Here's to making choices for our health, the environment and, of course, the animals.

Nutrition and Health Nutrition Q & A

BY JEANIE W. FRIEDMAN, MS RD LD/N

For this month, some common nutrition questions.

I only eat healthy foods, I don't have medical issues and I rarely get sick. Do I really need to keep seeing a doctor?

It is important to see your doctor regularly. Your doctor would order blood work and the results would give you an idea of what's going on internally, maybe even before symptoms appear. A health practitioner can visually observe you, take weight and height measurements, as well as anything else like blood pressure and/or oxygen readings. Even if you are feeling fine, this data is important to establish a baseline to compare to future information to see if there are any changes.

What is the best way to lose weight?

Fad diets, overall, do not work. Slow and steady weight loss is ideal. The key is making lifestyle choices that would become your everyday habit. You are more likely to maintain your healthier weight.

Swap out sugary drinks and

replace them with water. Watch portion sizes. Be mindful of how much sugar you are consuming. Sugar can be found not only in desserts but in things like pasta sauces or condiments like ketchup. Food labels would show you how many grams of sugar are present. Generally, 4 grams (g) equals one teaspoon of sugar. You may be surprised to discover the hidden sugar in many products.

Fruit sugar is a natural part of fruit. Fruit contains vitamins and fiber, but lacks protein and fat. (We do need some fat. Healthier fats are best.) Remember, eating a variety of foods and in moderate amounts will help us meet our nutritional goals.

I see so many kinds of water at the store. Which one is best?

As we inch our way to summer, we have noticed the temperature gradually creeping up. Having enough water is crucial to prevent dehydration, especially during warmer months.

The question becomes “What is meant by ‘best’”? Different kinds

of water have different qualities. “Best” depends on what you like and works for you. Some people do not like the taste of minerals in their water, while others enjoy it.

Listed below are some common types of water:

Tap

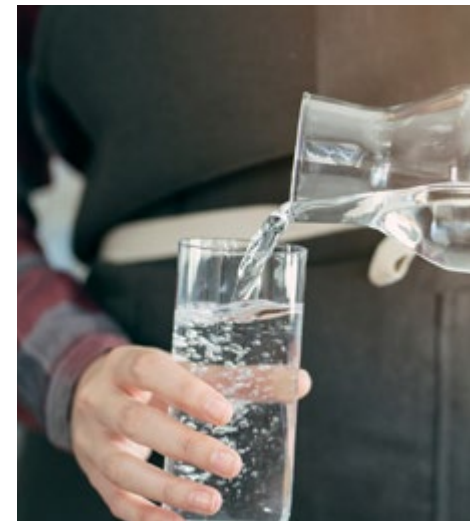
Good old tap water comes from the tap, having been treated and tested first by your local water treatment facility before it gets to you. It is generally safe to consume. Your local county water utility department would be able to provide information and guidance on water status and their standards.

Spring

Spring water, as per the marketing, is said to come from a particular spring and naturally filtered through rock and sediment and bottled at the source. These usually contain minerals as well.

Purified

Purified water comes from groundwater that has been treated,



Mineral Water

Mineral water is taken from a mineral spring and contains minerals like calcium or magnesium, in addition to others.

Sparkling Water

Sparkling water is water that is carbonated. Some people add a spritz of lemon or lime to give it flavor.

Distilled Water

Distilled water is water that has been boiled and then collected, devoid of minerals.

Jeanie W. Friedman is a Registered Dietitian and nutritionist licensed in the State of Florida. This article is intended for educational purposes only and is not intended as a substitute for consultation with your health care professional.

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- ★ Assistant State Attorney/Prosecutor, 1990 - 1995
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- ★ Bachelor of Arts, Business Management, University of Miami, 1987

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- ★ "Street Law" Class, Spanish River High School
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Get Down With The Ultimate Dance Band



Sat., May 11 at 8 pm
The Paul Anka Songbook Tribute "Times Of Your Life"

Witness What Audiences Call A Mind-Blowing, Must-See Show



Sat., May 18 at 8 pm
Ann Anello
Prepare To Be Dazzled By This Broadway Diva



Sat., May 25 at 8 pm
Peter Scott Ruben Sings Sinatra & Friends
Revisit The Rat Pack On This Swingin' Evening

All programs are subject to change and/or modification.

DJ Josh Pearl
Friday, May 03

Alfonso Aranda
Friday, May 10

Anthony Vetere
Friday, May 17

World Class DJ
Friday, May 24

Sound Relations
Friday, May 31

Summer 2024 show tickets are available to purchase online at <https://gateaccess.net> and at the Ticket Office. Ticket price will be \$6.00 for residents and \$9.00 for guests. Dances will be held in the Party Room on Friday's from 7:00 - 10:00 pm. Resident ID or Guest Pass is required for admittance to shows, dances and movies. No one under the age of 16 is permitted to attend shows or movies. No one under the age of 21 is permitted to attend dances. All programs are subject to change and/or modification without notice. Photography, audio or videotaping is strictly prohibited. No shorts are permitted for all live performances.

"R" Rated Movies

"R" Rated (under 16 requires accompanying parent or adult guardian).

Additional ratings for this movie are: V for Violence

L for Language (strong language and drug content)

N for Nudity (graphic nudity)

SC for Sexual Content (pervasive language including sexual references and situations)

An "R" rated motion picture, in the view of the Rating Board, contains some adult material. An "R" rated motion picture may include adult themes, adult activity, hard language, intense or persistent violence, sexually-oriented nudity, drug abuse or other elements. Due to a wide viewing audience, WPRF will not censure "R" rated movies. **Therefore, if you find any of the above offensive, WPRF suggest you "OPT OUT" of seeing this movie.**

May 2024

West Palm Beach *at the movies*



RETRIBUTION R, 1 HOUR, 31 MIN.

(RATED R FOR SOME LANGUAGE AND VIOLENCE.)

In this high-octane thriller, Liam Neeson plays a bank executive who finds himself in a race across town and against time when a mysterious caller informs him there's a bomb in his car. To make matters worse, his children are in the car with him and they'll all be killed if he doesn't follow an increasingly dangerous series of tasks. The film also stars Noma Dumezweni and Lilly Aspell.

Sun.	May 5	1:45 pm
Sun.	May 5	6:30 pm
Mon.	May 6	6:30 pm



FERRARI R, 2 HOURS, 10 MIN. (RATED R FOR VIOLENT

CONTENT, GRAPHIC IMAGES, SEXUAL CONTENT & LANGUAGE.)

Based on a 1991 biography, this sleek, well-acted film is set in 1957, when Enzo Ferrari's auto empire stood on the brink of bankruptcy. In a last-ditch effort to save the business, he chooses to push himself and his drivers to the edge when they enter the iconic Mille Miglia, a treacherous 1,000-mile race across Italy. The film stars Adam Driver, Penélope Cruz, Shailene Woodley and Giuseppe Festinese.

Sun.	May 12	1:45 pm
Sun.	May 12	6:30 pm
Mon.	May 13	6:30 pm



NEXT GOAL WINS PG-13, 1 HOUR, 44 MIN.

From the director of Jojo Rabbit and Thor: Ragnarok comes this humorous, feel-good underdog story. Michael Fassbender stars as a down-on-his-luck soccer coach who decides to take a chance on the famously terrible American Samoa team in the hopes of whipping them into shape and making a serious run at the 2014 World Cup. The film also stars David Fane, Oscar Kightley and Kaimana.

Sun.	May 19	1:45 pm
Sun.	May 19	6:30 pm
Mon.	May 20	6:30 pm



THE COLOR PURPLE PG-13, 2 HOURS, 21 MIN.

This musical film adaptation of The Color Purple combines elements of the 1983 novel by Alice Walker, the 1985 film that starred Oprah Winfrey and the 2005 hit Broadway musical. The result is a vibrant, uplifting testament to the strength of sisterhood in the face of terrible trauma. Stars include Taraji P. Henson, Fantasia Barrino and Danielle Brooks.

Sun.	May 26	1:45 pm
Sun.	May 26	6:30 pm
Mon.	May 27	6:30 pm

Tickets are not required. An ID card for each person is required for admittance. Please refrain from saving seats for more than one person. No admittance once the movie begins. When available, new movies will be presented with captions on the first 1:45 pm showing on Sunday.

Tickets will be sold month to month on the 22nd of the previous month online at www.gateaccess.net and at the Ticket Office. Please see Clubhouse Happenings for monthly dates. All programs are subject to change and/or modification without notice.

Entertainment information is provided by W.P.R.F.
Any questions regarding Clubhouse entertainment should be directed to W.P.R.F. at 640-3120.

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 Wellness Check \$15	 Hourly Care Starting at \$30/hr.
 Errands \$45	<ul style="list-style-type: none"> • Packages Available • License HHA299993752 • Prices Subject to change • Veteran Benefits May Apply
 Transportation (call for pricing)	 561-842-4163



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